

*A godly Garden*  
out of the which  
most comfortable herbs  
may be gathered for the  
healeh of the wounded  
conscience of all peni-  
tent sinners.

¶ Collosians. iii. 1

Reioyce alway, pray con-  
tinually, in all things bee  
thankful: for this is the wil-  
of God in Christ IESV to-  
wards vs.

*Perused and allowed.*

¶ Printed by H. Middelton.



**January hath ccc. dayes.**

The day hath 8. houres. 26. min.

The night hath. 15. hour. 34. min.

- |    |   |                      |
|----|---|----------------------|
| 1  | A | New yeres day.       |
| 2  | b | Octa. of Stephen.    |
| 3  | c | Octa. of Iohn.       |
| 4  | d | Octa of Innocents.   |
| 5  | e | Titus Ban. bishop.   |
| 6  | f | Twelſe day.          |
| 7  | g | Tran. William.       |
| 8  | A | Felix and Jan.       |
| 9  | b | Lucian.              |
| 10 | c | Paule firſt hermite. |
| 11 | d | Ignius martir.       |
| 12 | e | Archade martir.      |
| 13 | f | Hillary martir.      |
| 14 | g | Felix prieſt.        |

15	A	Isidoꝝ martir.
16	b	Maurice.
17	c	Depo. of Anthony.
18	d	Prise martir.
19	e	Wolstan bishop.
20	f	Fabian and Sebast.
21	g	Agnes virgin.
22	A	Vincent martir.
23	b	Emerice.
24	c	Timothe disciple.
25	d	Conuerſion of Paule.
26	e	Policarpe martir.
27	f	Chriſoſtome doctoꝝ.
28	g	Theodoze.
29	A	Malery biſhop.
30	b	Bartild Quene.
31	c	A.ij.

Feb2uary hath xxviii. daies.

The day hath 9. houres. 33. min.

The night hath 14. hou. 28. min.

*Fast.*

*Parisi. of Mary.*

3 f Blase martir.

4 g Gilbert confessor.

5 A Agathe virgin.

6 b Amandis bishop.

7 c Dozethe virgin.

8 d Angule virgin.

9 e Paule bishop.

10 f Apoline virgin.

11 g

12 A Scolastice.

13 b Eufraze virgin.

14 c Valentine martir.

15	d	
16	e	Faustine bishop.
17	f	Juliane virgin.
18	g	Policron bishop.
19	a	Simeon martir.
20	b	
21	c	Sabine and Juliane.
22	d	Mildred Virgin.
23	e	Fast.
24	f	Matthe Apostle.
25	g	Leodeg. martirs.
26	a	Peters chaire.
27	b	Augustine bishop.
28	c	Oswald bishop.

¶ ill.

**¶ March hath xxi. daies.**

The day hath 11. houres. 24. mi.

The night hath 12. hou. 36. min.

- |    |   |                       |
|----|---|-----------------------|
| 1  | d | David bishop.         |
| 2  | e | Chadde confessor.     |
| 3  | f | Martine.              |
| 4  | g | Adrian martir.        |
| 5  | a | Phocas and Euf.       |
| 6  | b | Victor and victorine. |
| 7  | c | Perpetue              |
| 8  | d | Apoline martir.       |
| 9  | e | Agapite virgin.       |
| 10 | f | Gregory bishop.       |
| 11 | g | Aggeus prophet.       |
| 12 | a | Theodoze martir.      |
| 13 | b | Leo bishop.           |
| 14 | c | Peter martir.         |



15	d	Longin martir.
16	e	Quirin martir.
17	f	Gertrude Virgin.
18	g	Edward king.
19	A	Joseph the hus. of Ma.
20	b	Cutbert bishop.
21	c	Benedict Abbot.
22	d	Affrodece bishop.
23	e	Theodoze priest.
24	f	Fast.
25	g	Annunc of Mary.
26	A	Castor martir.
27	b	Ludger bishop.
28	c	Dorothe martir.
29	d	Victorine.
30	e	Sabine virgine.
31	f	A iiii.



**¶ April hath xxx. dayes.**

The day hath 12. houres. 26. min.

The night hath. 11. hour. 34. min.

- |    |   |                   |
|----|---|-------------------|
| 1  | g | Theodoze virgin.  |
| 2  | A | Mary Egiptian.    |
| 3  | b | Richard bishop.   |
| 4  | c | Ambrose bishop.   |
| 5  | d | Marcian and mar.  |
| 6  | e | Sertus martir.    |
| 7  | f | Ephemie virgin.   |
| 8  | g | Denise martir.    |
| 9  | A | Perpetous martir. |
| 10 | b | Marcus martir.    |
| 11 | c | Guthlake.         |
| 12 | d | Apolice martir.   |
| 13 | e | Sotherd martir.   |
| 14 | f | Tiburt martir.    |

- |    |   |                     |
|----|---|---------------------|
| 15 | g | Osmond bishop       |
| 16 | A | Isidoze bishop.     |
| 17 | b | Anisete bishop.     |
| 18 | c | Cluthe bishop.      |
| 19 | d | Libertus con.       |
| 20 | e | Vermogenes.         |
| 21 | f | Quintine.           |
| 22 | g | Clete bishop.       |
| 23 | A | George martir.      |
| 24 | b | Wilfride confes.    |
| 25 | c | <i>Marke Euang.</i> |
| 26 | d | Anastace bishop.    |
| 27 | e | Vitalis martir.     |
| 28 | f | Peter of milan.     |
| 29 | g | Clete bishop.       |
| 30 | A | Depo. of Erkenwald. |

A.v.

**¶ May bath xxi. dayes.**

The day hath 15. houres. 24. min.

The night hath 8. houres. 36. mi.

- |    |   |                        |
|----|---|------------------------|
| 1  | b | Phillip and Iacob.     |
| 2  | c | Athanasius bishop.     |
| 3  | d | Inuen. of the crosse.  |
| 4  | e | Christopher.           |
| 5  | f | Goddard archbishop.    |
| 6  | g | John ante port. latin. |
| 7  | A | John of Benerley.      |
| 8  | b | Appe. of Michael,      |
| 9  | c | Tran. of Picho.        |
| 10 | d | Cozdiane.              |
| 11 | e | Pancrase martir.       |
| 12 | f | Victorions martir.     |
| 13 | g | Servatius confel.      |
| 14 | A | Boniface martir        |

- |    |   |                    |
|----|---|--------------------|
| 15 | b | Sophia virgin.     |
| 16 | f | Wandon bishop.     |
| 17 | d | Trans. of Barnard. |
| 18 | e | Dioscor. martir.   |
| 19 | f |                    |
| 20 | g | Dunston confes.    |
| 21 | a | Barnardine.        |
| 22 | b | Helene Quene.      |
| 23 | c | Petronell.         |
| 24 | d | Julian virgin.     |
| 25 | e | Desiderie martir.  |
| 26 | f | Adelmer con.       |
| 27 | g | Augustine con.     |
| 28 | a | Germaine bishop.   |
| 29 | b | Picodeme.          |
| 30 | c | Cozone martir.     |
| 31 | d | Felix bishop.      |

**¶ June hath xxx. dayes.**

The day hath 16. houres. 30. min.

The night hath 7. houres. 30. mi.

- |    |   |                         |
|----|---|-------------------------|
| 1  | e | Nicodeme.               |
| 2  | f | Crasmus.                |
| 3  | g | Basill.                 |
| 4  | A | Perrell martir.         |
| 5  | b | Petrocius confes.       |
| 6  | c | Woniface bishop.        |
| 7  | d | Medard and Gil.         |
| 8  | e | Tranla. Edmund,         |
| 9  | f | Juan confes.            |
| 10 | g | Tranla. Wolstan.        |
| 11 | A | <i>The longest day.</i> |
| 12 | b |                         |
| 13 | c | Anthony con.'           |
| 14 | d | Basilides con.          |



- 15 e Wite modeste.  
 16 f Tran. Richard.  
 17 g Botolph confes.  
 18 a Cruperie bishop.  
 19 b Gervasius mar.  
 20 c Tran Edward.  
 21 d Malburge virgin.  
 22 e Albane martir.  
 23 f Fast.  
 24 g John Baptift.  
 25 a Tran. of Egelie.  
 26 b John and Paule.  
 27 c Crescens martir.  
 28 d Fast.  
 29 e Peter and Paule.  
 30 f Comine. of Paule.



**July hath xxi. dayes.**

The day hath 16. houres.

The night hath 8. houres.

- |    |   |                         |
|----|---|-------------------------|
| 1  | g | Octa. John Baptist.     |
| 2  | A | Visita. of Mary.        |
| 3  | b | Transla. of Tho. Apo.   |
| 4  | c | Transla. of S. mart.    |
| 5  | d | Octa. of Peter.         |
| 6  | e | Zoe virgin martir.      |
| 7  | f | Depo. of Crimbal.       |
| 8  | g | Cirill bishop.          |
| 9  | A | vii. bzytherne mar.     |
| 10 | b | <i>Dog dayes begin.</i> |
| 11 | c | Nabor and Felix.        |
| 12 | d | Tran. of Benedict.      |
| 13 | e | Pyrate martir.          |
| 14 | f | Tran. of Osmond.        |

- |    |   |                       |
|----|---|-----------------------|
| 15 | g | Benelme kyng.         |
| 16 | a | Cnastasi.             |
| 17 | b | Arnolph martir.       |
| 18 | c | Kupine and Justine.   |
| 19 | d | Barcede virgin.       |
| 20 | e | Margret virgin.       |
| 21 | f | Appollina. virgin.    |
| 22 | g | Mary Magdalen.        |
| 23 | a | Christine virgin.     |
| 24 | b | Fast.                 |
| 25 | c | James Apostle.        |
| 26 | d | Anne mo. of Mary.     |
| 27 | e | Seven sleepers.       |
| 28 | f | Samplon bishop.       |
| 29 | g | Felix and his fellow. |
| 30 | a | Abdon. and Sen.       |
| 31 | b |                       |

**¶ August hath 30. dayes.**

The day hath 15. houres. 12. min.

The night hath 8. houres. 4 8. mi.

- 1 c Lammis day.
- 2 d Stephen bishop.
- 3 e Finding of Stephen,
- 4 f Justine priest.
- 5 g festum iuiis.
- 6 A Trans. of Chzist.
- 7 b Feast of Iesus.
- 8 c Ciriacke and his se.
- 9 d Romaine martir.
- 10 e Laurence martir.
- 11 f Tibort martir.
- 12 g Clare virgin.
- 13 A Apolite virgin.
- 14 b Exalta. crucis.

15	2	Assump. of Mary.
16	d	Koch martir.
17	e	Octa. Laurence.
18	f	Magnus martir.
19	g	Bernard confessoz.
20	A	Dog dayes end.
21	b	Lewes martir.
22	c	Octa, assump.
23	d	Fast.
24	e	Bartholomew. Apost.
25	f	Lewes King.
26	g	Seuerine.
27	A	Augustine confessoz.
28	b	Johns beheading.
26	c	Rufine martir.
30	d	Felix & Audact.
31	e	W. i.

**September hath xxx. dayes.**

The day hath 12. howers. 35. min.

The night hath 11. ho. 25 min.

- |    |   |                     |
|----|---|---------------------|
| 1  | f | Ciles bishop        |
| 2  | g | Anthony martir.     |
| 3  | A | Lupe bishop.        |
| 4  | b | Iran. of Cuthbert.  |
| 5  | c | Bertine Abbot.      |
| 6  | d | Eugene confessor.   |
| 7  | e | Enurcius bishop.    |
| 8  | f | Patinitie of Mary.  |
| 9  | g | Siluius bishop:     |
| 10 | A | Corgony martir.     |
| 11 | b | Prothy and Jacinct. |
| 12 | c | Bertinian.          |
| 13 | d | Amanit.             |
| 14 | e | Holy Kede.          |

- |    |   |                        |
|----|---|------------------------|
| 15 | f | Lambert martir,        |
| 16 | g | Edith virgin.          |
| 17 | a | Timotheus,             |
| 18 | b | Victor and Cozon.      |
| 19 | c | January martir.        |
| 20 | d | <i>Fest.</i>           |
| 21 | e | <i>Mathew Apostle.</i> |
| 22 | f | Mauritius.             |
| 23 | g | Tecla virgin.          |
| 24 | a | Andochius martir.      |
| 25 | b | Albin bishop,          |
| 26 | c | Cyprian and Just.      |
| 27 | d | Cosme and Damian.      |
| 28 | e | Cruperie bishop.       |
| 29 | f | Michael Archangel      |
| 30 | g | Jerome priest.         |
|    |   | <i>15. li.</i>         |



**October hath xxxi. dayes.**

The day hath 10. hou. 50. min.

The night hath 13. hou. 10. min.

- |    |   |                     |
|----|---|---------------------|
| 1  | A | Remegius bishop.    |
| 2  | b | Leodagere martir.   |
| 3  | c | Candidie martir     |
| 4  | d | Francis martir.     |
| 5  | e | Faith virgin.       |
| 6  | f | Certonis.           |
| 7  | g | Mary and Marc.      |
| 8  | A | Apolinaris martir.  |
| 9  | b | Delagie virgin.     |
| 10 | c | Linus sonfessor.    |
| 11 | d | Denice and his fel. |
| 12 | e | Nicolaus bishop.    |
| 13 | f | Wilfrid bishop.     |
| 14 | g | Tran. Ed. king.     |

- |    |   |                               |
|----|---|-------------------------------|
| 15 | d | Macute bishop.                |
| 16 | e | Depo. of Edmond.              |
| 17 | f | <i>Imt. regni, Elizabeth.</i> |
| 18 | g | Octa. Martine.                |
| 19 | a | Elizabeth martir.             |
| 20 | b | Edmond king.                  |
| 21 | c | Pres. of mary.                |
| 22 | d | Cecily virgin.                |
| 23 | e | Clement martir.               |
| 24 | f | Grisagon Martir.              |
| 25 | g | Katherine virgin.             |
| 26 | z | Line martir.                  |
| 27 | b | Vitales martir.               |
| 28 | c | Kufus martir.                 |
| 29 | d | <i>Fast.</i>                  |
| 30 | e | Andrew Apostle.               |

**December hath xxii. Dayes.**

The day hath 7. howers. 36. min.

The night hath 16. ho. 24 min.

- |    |   |                          |
|----|---|--------------------------|
| 1  | f | Elegie bishop            |
| 2  | g | Liban martir.            |
| 3  | A | Dep. of Disnond.         |
| 4  | b | Barbara virgin.          |
| 5  | c | Sabba bishop.            |
| 6  | d | Nicolas bishop.          |
| 7  | e | Octa. Andzeu             |
| 8  | f | Con. of Mary.            |
| 9  | g | Ciprian bishop.          |
| 10 | A | Cenlalie virgin.         |
| 11 | b | Antippe.                 |
| 12 | c | Damasc. confessor.       |
| 13 | d | <i>The shortest day.</i> |
| 14 | e | Nicasius virgin.         |

- |    |   |                     |
|----|---|---------------------|
| 15 | a | Calixt bishop       |
| 16 | b | Wolfran bishop.     |
| 17 | c | Michael of the mo.  |
| 18 | d | Luke Euangilist.    |
| 19 | e | Ethelozed virgin.   |
| 20 | f | Friderwide virgin.  |
| 21 | g | Austreburth virgin. |
| 22 | a | ¶ J. M. virgins.    |
| 23 | b | Mary Salomon.       |
| 24 | c | Komaine bishop.     |
| 25 | d | Agloze bishop.      |
| 26 | e | Crispin and Cris.   |
| 27 | f | Fast.               |
| 28 | g | Simon and Jude.     |
| 29 | a | Parcillus bishop.   |
| 30 | b | Germaine confessor. |
| 31 | c | Fast.               |

**November hath xxx. dayes.**

The day hath 8 . hou. 52. min.

The night hath 15. hou. 8. 1 min.

- |    |   |                      |
|----|---|----------------------|
| 1  | d | <i>All Sainctes.</i> |
| 2  | e | All soules.          |
| 3  | f | Winfred virgin.      |
| 4  | g | Amantius.            |
| 5  | A | Lete priest.         |
| 6  | b | Leonard.             |
| 7  | c | Wilbode.             |
| 8  | d | Four coloned.        |
| 9  | e | Theodore.            |
| 10 | f | Martine.             |
| 11 | g | Martine bishop.      |
| 12 | A | Wylfese bishop.      |
| 13 | b | Waterne martir.      |
| 14 | c | Tran. Erkenwall.     |

Trinite term  
beginneth the  
xii. dape after  
withsonday, &  
cōtinueth xix.  
dapes, & hathe  
iiii. returnes.

Cra. Tri.  
Octa. Tri.  
Qui. Tri.  
Tre. Tri.

Michaelmas  
Terme begin  
neth the ix. oz  
x. day of Octo  
ber, & endeth  
the xxviii. oz  
xxix. of Nouē  
ber, and hath  
viii. returnes.

Octa. Mi.  
Qui. Mi  
Tres Mi.  
Men. mi  
Cra. Ani.  
Cra. mar  
Oet. mar.  
Qu. mar

Also that eight dapes before any  
terme begin, the Exchequer ope  
neth except trinitie terme, for the  
it openeth but foure daies before.



## The degrees

Man may mary his

con. Grandmother.

af. Grandfathers wife.

af. wyues grandmother.

con. Fathers syter.

con. Mothers syter.

af. Fathers Brothers wife.

af. Mothers brothers wyfe.

af. wyues fathers syter.

af. wyues Mothers syter.

con. Mother.

af. Stepmother.

af. wyues mother.

con. Daughter.

af. wyues daughter.

af. Sonnes wyfe.

Sisters

15	f	Ortholy virgin.
16	g	D Sapientia.
17	a	Lazarus confessoꝝ,
18	b	Gracian bishop
19	c	Menetia virgin.
20	d	Fast.
21	e	Thomas Apostle.
22	f	ccc martirs.
23	g	Victoꝝ virgin.
24	a	Fast.
25	b	Christmas day.
26	c	Stephen martir.
27	d	John Euangelist.
28	e	Innocents day.
29	f	Thomas Becket
30	g	Trans. of James.
31	a	Spluester martyꝝ.

**A rule to knowe when the**  
Termes begin and end with  
their returnes.

Hillary terme  
beginneth the  
xxiii. of Janu-  
ary, & endeth  
the xii. or xiii.  
day of Febru-  
are, and hath  
iiii. returnes.

Oa. Hil.  
Qui. Hil.  
Cra. Pur.  
Oa. pu.

Easter terme  
beginneth xiii.  
daies after Ea-  
ster daye, and  
endeth the  
Monday next  
after the As-  
cension day, &  
hath fyue re-  
turnes.

Qui. Pas.  
Tres pas.  
Men. Pa.  
Qui. pas.  
Cra. Asc.

*of mariage.*

No womā ought to mary hir  
con. Grand father.  
af. Grandmothers husband.  
af. Husbandes grandfather.

con. Fathers brother.  
con. Mothers brother.  
af. Fathers sisters husband.  
af. Mothers sisters husband.  
af. Husbandes fathers brother  
af. Husbands mothers brother

con. Father.  
af. Stevfather.  
af. Husbandes father.

con. Sonne.  
af. Husbandes sonne.  
af. Daughters husband.

## The degrees

No man may mary his

con. Syſter.

af. wiues ſyſter.

af. Bꝛothers wife.

con. Sonnes daughter.

con. Daughters daughter.

af. Sonnes ſonnes wife.

af. Daughters ſonnes wyfe.

af. wiues ſonnes daughter.

af. wiues daughters daughter.

con. Bꝛothers daughter.

con. Syſters daughter.

af. Bꝛothers ſonnes wyfe,

af. Syſters ſonnes wyfe.

af. wyues bꝛothers daughter.

af. wiues ſyſters daughter.



*of mariage.*

con. No womā ought to mary hir  
brother.

af. husbandes brother.

af. Systers husband.

con. Sonnes sonne.

con. Daughters sonne.

af. Sons daughters husband.

af. daughters daughters husb.

af. Husbands sonnes sonne.

af. Husbands daughters son.

con. Brothers sonne.

con. Sisters sonne.

af. Brothers daughters husb.

af. Sisters daughters husb.

af. husbandes brothers son.

af. husbandes sisters sonne.



# An Almanack for xlvj. yeres.

Anno Dom.	Domi. letter.	Easter day.	Whitson- day.
1572	F C	6. April	25. May
1573	D	22. March	10. May
1574	C	11. April	30. May
1575	B	3. April	22. May
1576	A G	23. April	10. June
1577	F	7. April	26. May
1578	E	30. March	18. May
1579	D	19. April	7. June
1580	C B	3. April	22. May
1581	A	26. March	14. May
1582	G	15. April	3. June
1583	F	31. March	19. May
1584	E D	19. April	7. June
1585	C	11. April	30. May
1586	B	3. April	22. May
1587	A	16. April	4. June
1588	G F	7. April	26. May

# An exhortation

to prayer.



E T not  
to pray al-  
way, and  
stand not  
in feare to  
be resour-  
med vnto  
death, for

thereward of God endureth for  
euer. Before thou prayest prepare  
thy soule, and be not as one that  
tempteth God. VVe must con-  
sider therefore when we pray in  
whose presence wee stand, to

C. i.

whom

### *An exhortation*

whom we speake, and what we desire. VVe stand in the presence of the Almighty Creator of heauen and earth and al things ther in contayned. To whose eternal maiestie innumerable thousands of Angelles do assist, serue, and obey. VVe speake vnto him who knoweth the secrets of all hearts, before whom nothing is more odious then hipocrisie and dissimulation. VVe ought to aske those things which be most to his glory and the comfort of our conscience: VVe must therefore diligently with all reuerent and godly feare endenour our selues to remoue all such things

to prayer.

2

as we offend his diuine maiestie  
in, to the vttermost of our pow-  
er. And first, that we be free frō  
all worldly cares and fleshly co-  
gitations, whereby our mindes  
are caried hither and thither,  
and being drawne out of hea-  
uen, and from the pure behol-  
ding of God are pressed downe  
to the earth. VVe must haue our  
hart not onely bent vnto prayer,  
but as much as is possible lift vp  
aboue it selfe, euen to the puri-  
tie that is worthy for God, wee  
must haue a regarde that our  
mouth, spirite, and heart bee ele-  
uated together mindfully in  
sayth. For God is a spirite, and  
C.ij. will

### *An exhortation*

wilbe worshipped in spirite and truth, that is to saye, in the godly affections of the hart, and with a true, faithfull, and vnfayned worshipping. And therefore as at all other times hee requireth the heart, so especially in the time of prayer, when we shew our selues in his presence, and enter into cōmunication with him. VVher-vpon when hee promiseth to heare all those that call vpon him, he maketh a restraint, not to heare those which do not call vpon him in truth. Seeing therefore the chiefest dutie of prayer consisteth in the heart, we must wey our whole hart, and poure  
out



*to Prayer.*

3

out our prayers vnto God the  
searcher of hearts, with a sincere,  
vnfayned, and ardent affection  
before him, or els wee shall not  
find him. But if wee call vppon  
him with a sincere sayth, wee  
shalbe sure that he will heare  
our petitions. To whom  
be all honour, glory  
and prayse for e-  
uer and euer.

Amen.





## ¶ What prayer is.

**T**here is no man but hee knoweth that praer is the chiefest thing that we maye present God with= all, for it is the head fountaine, and spring of all goodnes, and a meane to attaine eternall life. For if any man be inflamed with the love of virginitie, or studieth to embrace the honorable estate of chaste wedlock, if any man labour to brydle anger, and to acquaint himselfe with sobrietic and lowliness of mind, if any man desire to bee pure from the infectiue and poysoned matter of enuie: briefly if any man bee mindfull of any o= ther

*What prayer.*

4

ther vertue what so euer it bee  
which helpeth to godly liuing, the  
same man (prayer being his guide  
& preparing the way of his life)  
shall right easely and prosperously  
obtaine his godly intent and pur-  
pose. For it is impossible, it can-  
not be, I say, but such as aske of  
God puritie, righteousness, meek-  
nes, goodnes, and other vertues,  
must needes receiue their desire &  
petitions. As he saith the Lords,  
and it shalbe giuen you: Seeke &  
ye shall find, knocke and it shalbe  
opened vnto you. For whoso-  
uer asketh receiueth, and he that  
seeketh findeth, and to him that  
knocketh it shalbe opened. And  
again he saith, is there any a-  
mongst you which if his Sonne

*C.iii.*

asketh

*What prayer is.*

aske him bread would offer him a  
stone? Or if he should aske him  
fish would offer him a Serpent?  
If ye the which are euil can giue  
your children good giftes, howe  
much more shall your Father  
which is in heauen giue his holy  
spirite to them that aske it? with  
such sweete words, and with such  
hope hath the Lorde of all crea-  
tures prouoked vs to pray. And  
it becometh vs, yea we are bound  
to be obedient to God, & to spend  
our whole life in the prayes of  
him, that is in prayer, more ear-  
nestly setting our care howe to  
serue God, then how to continue  
the state of this our life. This do-  
ing, doubtlesse we shall liue that  
life whiche onely beleeuemerly a  
Christian

What prayer is.

s

Christian man to liue. As the  
wise kyng Salomon sayth: much  
prayer and the true seruice of god  
is a signe of all righteousnes, for  
it is the spirituall ornament, yea  
the godly ornament that bringeth  
great beautits and comlines to  
our mindes especially when one  
by it directeth his life, neither suf-  
fereth any vncomely thing to rule  
in his soule. For prayer teacheth  
to stand in reuerent feare & awe  
of God, and to giue the honour  
we owe vnto him: praier teacheth  
to cast of al the deceitfull illusions  
of the euill spirite, and dyueth a  
way all idle, filthy and vncomely  
thoughts, it stablisheth the mind  
in such perfection, that it contem-  
neth all voluptuous and carnall

C. v.

plea-

*What prayer is.*

pleasures, with a godly minde to  
disdaine to be seruaunt vnto vice,  
and to preserve and keepe the soul  
and mind in Christes freedome,  
in pure living and conuersation of  
manners, it is comely to all suche  
as professe Christ. I suppose ther  
fore it is manifest to all men, that  
plainely it is impossible without  
the helpe of prayer, a man to live  
vertuously in this life, & in good-  
nes to dispend his time, for howe  
can one live godly, except diligent-  
ly and often hee appzoch humbly,  
and vppon his knees begge grace  
of him that giueth all goodnes vn-  
to man. Againe how may it bee  
that any man can desire to be ver-  
tuous, modest, temperate, and  
righteous, if he couet not greedely  
the

the conuersation and company of him, which is the giuer not onely of these, but also of greater things then these be vnto vs. Further-  
more I will briefly declare, that although we be full of sinne when we come to pray, yet doth faithfull prayer right shortly purge vs from it. What greater thing or more godly therfore can we haue then prayer, which is a soueraigne medicine, and a moste present remedie too euery accursed soule. And for to approue this, the example of the Ninuities dooth come first to remembraunce, in whome it is euident, by the helpe of prayer, they receiued forgiveness of those manifolde wicked deedes, wherewith they had prouoked the  
ben-



*What prayer is.*

vengeance of God vppon them :  
For as soone as they set their  
harts to prayer, it by & by brought  
righteousnes vnto them, & forth-  
with it amended the Citie, which  
of long time had bene accustomed  
to Lecherous liuing, to excesse, to  
malice, briezly to such a kind of life  
as was both lawles & wretched,  
therfore prayer was a good pre-  
seruatiue, for it speedely entreated  
the anger of God imminent vpon  
them, and forthwith amended  
their corrupt and detestable lyfe.  
Such is the strength, such is the  
power of prayer, that where the  
Minuits had wickedly & filthely  
passed al the dayes of their life, yet  
so sone as prayer was entred into  
the Citie, incontinently it turned

all

*What prayer is.*

7

all things vplidowne, & bzought  
in temperance, Iustice, loue, vni-  
tie, chatitie, & all other goodnes:  
as when a Queene oz Empres  
doth enter into a Citie, necessari-  
ly all wealth & aboundance doth  
followe hir. Euen so truly after  
prayer doth come to the soule of  
man, all vertues do enter with it  
iointly. For as the foundation is  
in a house, the same is prayer in  
the soule. And when wee haue  
first fastned it as a roote, ground  
oz stay in the soule, then must wee  
diligently build vpon it cleanness,  
meekenes, iustice, charitie, bziefly  
all the lawes of Christ. To who  
with the father, & the holy ghost,  
be glory and dominion for ever.  
So be it.

*A brieue confession*  
*to be sayd before the mor-*  
*ning prayer.*

**I** Doe acknowledge  
and confesse vnto  
thee O mercifull fa-  
ther, my often and grievous  
offences, that I haue com-  
mitted against thy diuine  
maiestie from my youth  
hitherto, in thought, word  
and dede, leauing vndone  
those good dedes which I  
ought to haue done, and do-  
ing

A CONFESSION. 8

ing those thinges which I  
ought not to haue done.  
Whereby I haue prouoked  
thy wꝛath and indignation  
against me, and thus lamē-  
ting my wickednes, I ap-  
peale vnto thy mercy, and  
say with the Publicane, O  
God be mercifull vnto mee  
most wꝛetched sinner, for-  
giue all that is past, saue &  
defend me from euill, and  
confirm me in godly life:  
to the honour and gloꝛy of  
thy name. So be it.

Our

A CONFESSION.

Our father which art in. &c.  
And lead vs not into. &c.  
But deliuer vs from euill. Amen.

**P**RAY we our father louingly,  
which gently vs preserued:  
when we forsoke him wretchedly  
And death by sinne deserued.  
His mercy was so bounteous,  
That though we from him fel,  
freely in Christ pardoned vs:  
Redeeming vs from Hell.  
Glory be to the Trinitie,  
Father Sonne & Spirit liuing:  
which art one god & persons three  
who praised be without ending

Morning.



9  
Morning Prayer



Lord open  
thou my  
lipps, that  
my mouth  
may speak  
and shewe  
forth, that

which is to thy glorie and  
prayse, and that my mouth  
for speakinge any thinge  
wherby I shoulde offend thy  
diuine maiestie, or be hurt.

D.i.

fall

MORNING

full to my neyghbour.

¶ God make speede to  
saue vs,

¶ Lorde make hast to  
helpe vs.

*Glory be to the father. &c.*

*As it was in the be, &c.*

Prayse ye the Lord.  
Thanks be to God.

¶ *Psalms.*



Lorde heare my  
inordes, marke  
my cryinge, ¶  
my king and my  
God

God, for vnto thee only do I  
come to pray, neyther do I  
looke for succour any where  
elles but of thee.

O Lord I besech thee that  
thy grace may spring in  
my hart, with the morning  
light of comfort, the night  
of care being ouerpast.

Suffer me not to perish  
with the vngodly folke  
whom thou cursest, I come  
running vnto thee not tru-  
sting in mine owne righte-  
ousnes, but vnto thy great  
D.ii. and

MORNING

and manifold mercies.

**O** Lord with the rule of  
thy iustice thou shalt direct  
vs , for thy names sake  
make plaine the way be-  
foze mee, least the spirite of  
malice turne me thence.

Let them be wise which  
repose them selues & trust  
alwaye on thy mercies, let  
them triumph which loue  
thy name,

Defend mee (**O** Lord)  
with thy grace as with a  
shilde in time of perill, to  
the

the intent that when I am  
assaulted with them, I may  
yet with constant cheare  
grow vp vnto my full per-  
fection.

*Glory be to the father. &c.  
As it was in the begin. &c.*

**T**He Lord shal defend me  
vnder his winges, and  
I shalbe safe vnder his fea-  
thers: his faithfulnesse and  
truth shalbe my shieled and  
buckler.

I shall not be afrayd fo;  
D.iii. any



MORNING

any terrour by night, nor  
for the arrow that flieth by  
day, nor for the pestilence  
that walketh in darcknes,  
nor for the sicknes that de-  
stroyeth in the noone day.

Send out thy light and  
thy trueth (O GOD) that  
they may lead me and bring  
me to thy holy Will and to  
thy dwelling.

Why art thou so heauie  
(O my soule?) and why art  
thou so disquieted within  
me?

I put thy trust in God,  
for I will yet giue him  
thanks, which is the helpe  
of my countenance and my  
God.

O God thou art my God,  
early will I seeke thee, my  
soule thirsteth after thee :  
my flesh also longeth after  
thee : as long as I live will  
I magnifie thee, and lift vp  
my handes in thy name.

I haue remembred thee  
in my bed, and thought vpon  
thee when I was waking,

D. iiii. because

MORNING

because thou hast bene my  
helper.

Haue mercie vppon me  
O Lorde, thou God of all  
things, haue respect vnto  
vs, and shew vs the light of  
thy mercy, and send vs thy  
fear.

Awake thou my soule  
that sleepest, and stand vp  
from death, and Christ shall  
give thee the light of his  
mercies.

O let mee haue thy lo-  
ving kindnes, O Lorde be-  
times

betimes in the morninge,  
for in thee is my trust:  
Shew thou me the waye  
that I should walke in, for I  
lift vp my soule vnto thee  
deliuer me lord from mine  
enemies for I flie vnto thee  
to hide me.

Teach me to do the thing  
that pleaseeth thee, for thou  
art my God.

O Lord haue mercie vp-  
pon vs: we haue put our  
whole trust in thee.

Be an arme to vs early

D. v.

and

MORNING

and our health in time of  
trouble.

Unto thee (O Lord) will  
I lift up my soule, my God,  
I haue put my trust in thee.

O let me not be asha-  
med, shewe me thy wayes  
O Lorde, and teach me thy  
pathes.

Lead mee forth in thy  
trueth, and teach me: for  
thou art the God of my sal-  
uation.

Call to remembrance  
(O Lorde) thy tender mer-  
cies



cies, and thy louing kind-  
nes which haue bene euer  
of olde.

I remember not the  
sinnes and offences of my  
youth, but according vnto  
thy mercy thinke vpon mee,  
O Lorde, for thy goodnes.

For thy names sake, O  
Lorde be mercifull vnto my  
sinne for it is great.

Loke vpon mine aduersity  
and misery, and forgiue me  
all my sinne.

O keepe my soule and de-  
liuer

MORNING

liuer me, let me neuer bee  
confounded, for I haue put  
my trust in thee.

God be mercifull vnto  
vs and blsse vs: and shew  
vs the light of his counte-  
naunce and be mercifull vn-  
to vs.

That thy way may bee  
knowne vpon earth, thy sa-  
uing health among all nati-  
ons.

God euen our owne  
God shall giue vs his bles-  
sing, GOD shall blesse vs  
and

and all the endes of þ world  
shall feare him.

Shewe the light of thy  
countenance vpon thy ser-  
uaunt, and teache mee thy  
statutes.

Watch (my soule) be-  
cause thou knowest not  
what houre the Lorde will  
come.

Watch (my soule and  
pray) that thou enter not in  
to temptation: for the spi-  
rite is ready, but the flesh is  
weake.

Watch

MORNING

Watch ( my Soule ) and  
pray: stand fast in the fayth:  
quite thee manly, be strong,  
let all thy busines bee done  
with loue , through Iesus  
Christ our Lorde and Sau-  
our.

Set a watch O Lorde,  
before my mouth, and kepe  
the doze of my lippes, O let  
not my heart be inclined to  
any euill thing , let me not  
bee occupied in vngodly  
wozkes.

Harken vnto my prayer

¶

**O** Lord, that goeth not out  
of sayned lippes.

**H**old thou vp my go-  
inges in thy pathe, that my  
footesteppes slippe not, en-  
cline thine care vnto mee,  
and heare my wordes.

**S**hew thy manelous lo-  
ning kindnes, thou that art  
the Saviour of them that  
put their trust in thee.

**F**rom such as resist thy  
right hand, kepe me as the  
apple of an eye, hide me vn-  
der y shadowe of thy wings  
from

MORNING

from the vngodly that trouble me.

I will sing of thy power  
and will prayse thy mercie  
betimes in the morning,  
for thou hast bene my de-  
fence and refuge in the day  
of my trouble.

Unto thee, O my strength  
will I singe: for thou, O  
God, art my refuge, and  
my mercifull God.

Teach me thy waye,, O  
Lorde, and I will walke in  
thy trueth.

¶



**D** knit my heart vnto  
thee, that it may feare thy  
name.

**I** will thanke thee **D**  
**Lord**, my **God**, with all my  
heart, and will prayse thy  
name for euer.

**Thou D Lord God** full  
of compassion and mercie,  
long suffering plenteous in  
goodnes and tructh, turne  
thee vnto me, and haue mer  
cie vppon me.

**Ponder my wordes D**  
**Lord**, consider my medita-  
tion

C.i.

MORNING

tion.

**O** barken thou to the  
voyce of my callinge, my  
kyng and my God: fo: vnto  
thee will I make my prayer

My voyce shalt thou hear  
betimes (**O** Lord,) earely in  
the morninge will I direct  
my prayers vnto thee, and  
will looke vp.

fo: thou art the **G O D**  
that hath no pleasure in wic  
kednes, neither shall any e  
uill dwell with thee.

Lead me **O** Lord, in thy  
righte,

righteousnes ; make my  
wayes plaine before thy  
face.

Teach me thy waye, O  
Lorde, and lead mee in the  
right way.

Order my steppes, O  
Lord in thy word, and so  
shall no wickednesse haue  
dominion ouer me.

O deliuer mee from the  
wrongful dealings of men,  
and so shal I keepe thy com-  
maundements.

Glougbiafe O Lord, this  
C.ii. day

MORNING

day to keepe vs without  
sinne.

O Lord, thou Father and  
God of my life, forsake me  
not.

O let me not haue a proud  
look, but turne away al vo-  
luptuousnes from me.

Take from me the lusts  
of the body: Let not the de-  
sires of vncleannes take  
hold vpon me, and giue me  
not ouer into an vnshame-  
fast and obstinate mind.

Two things haue I re-  
quired

quired of thee, that thou wilt not denie me befoze I die.

Remoue from me vanitie and lies: giue me neither pouertie noꝛ riches, only graunt me a necessary living.

Least if I be too full, I denie thee, and say: who is the Lord? And least I beinge constrained through pauer-tie, fall vnto stealinge, and take the name of my God in vaine.

C. lli.

MORNING

That my wayes were  
made to direct, that I might  
keepe thy statutes, so shall  
I not be confounded while  
I haue respect vnto all thy  
commaundements.

Take from me the waye  
of lying, and cause thou me  
to make much of thy law.

Turne away mine eyes  
least they beholde vanitie,  
and quicken thou me in thy  
way.

Let thy louinge mercie  
come also vnto me, O Lord,  
even



even thy saluation, according to thy word.

I take not the worde of trueth utterly out of my mouth, for my hope is in thy iudgements.

My flesh trembleth for fear of thee, and I am afraid of thy iudgements.

Hear my voyce O Lord according vnto thy louinge kindnes: quicken me according as thou art wont.

The Lord shall preserve thee from all euill: yea it is

C.iiii.

even

## MORNING

even he that shall kepe thy  
soule.

The Lord shall preserve  
thy going out and thy com-  
ming in : from this time  
forth for evermore.

Let vs therfore cast a-  
way the deedes of darknes,  
and let vs put on the ar-  
mour of light.

Let vs walke honestly,  
as it were in the day light.

Not in eating, and drin-  
kinge, neyther in chambe-  
ringe and wantonnes, nei-  
ther

PRAYER.

21

ther in strife and enuyeng,  
but put you on the Lorde  
Jesus Christ, and make  
not provision for the flesh,  
to fulfill the lustes of it.

O Lord God and Father I  
beseech thee by Christ  
our Lord, that of thine in-  
finite mercy thou keepe me,  
so as at no time I followe  
the counsell eyther of the  
ungodly which knowe thee  
not, or of hipocrites which  
with their heart sake thee  
not

C. v.

MORNING

not.

**O** Lord suffer me not to enter into the waye of sinners with a mind to fulfill the desires and lustes of the fleshe, but when so ever through fraieltie of my corrupt nature I shall chauce to runne astraye, then **O** Lord staye me, and plucke my feete backe againe.

keepe me that I sit not in the seate of pestilent skozners, which clokinge their owne pharizeicall and  
diue

PRAYER.

22

diuelish intents, condemne  
in other men the veritie of  
Gospell.

Bring to passe that I  
may burne in the desire of  
thy lawe, that vppon the ad  
uancement of thy worde  
my mind may alwayes bee  
occupied, that I may ever  
more chuse that which is  
most pleasaunt to thee, and  
hate that both in my selfe &  
others, which is displeasunt  
to thee.

Ask me I pray thee that

3

MORNING

I may be a tree planted by  
the sweete riuers of thy  
ghostly waters, to the in-  
tent that I may bring forth  
fruite to thy glory. and the  
profite of my neighbour, as  
often as thou shalt minister  
time and occasion therunto.

Least my leaues (which  
is my wordes and workes)  
should fade and fall awaye,  
but that al things may pro-  
sper, whatsoeuer I shall doe  
in thy name. Assist me I be-  
sech thee, and graunt O most  
merci,



PRAYER.

23

mercifull Father, that for  
 Iesus Chriftes sake, I may  
 take roote in the ground of  
 life, leaft with the vngodly  
 like chaffe and dust, I be  
 blowne abrode with þe moſt  
 pernicious winde of this  
 world, & graunt that I may  
 ſtand in the aſſemble of the  
 righteous & that I may en-  
 ter into iudgement without  
 puniſhment, & that I may eſ-  
 cape everlaſting damnation.

*Glory bee to the father, &c.*

*As it was in the be. &c.*

*A*

MORNING

*A prayer to be sayd in the  
morning.*



Do thank thee  
my most mer-  
cifull and hea-  
uenly Father,  
by thy dearely  
beloued sonne Iesus Christ  
that this night thou hast gi-  
uen me sleepe and rest, pre-  
seruing me from all hurte  
and perill, I doe cris thee  
mercies for mine offences:  
And

And I do most humbly beseech thee, that thou wilt likewise this day keepe me from sinne and all euill, so that all my thoughts words and woorkes may please thee. I doe commit my selfe both body and soule, & all thinges that I goe about into thy handes, I beseech thee that thy holy spirit may be with me, least my deadly aduersary haue power ouer me.

MORNING

*A prayer for the sure trust &  
confidence in our Saniour  
Iesus Christ.*

**O**U R mercifull Father  
which in teaching vs to  
pray by thy Sonne Christ,  
hast commaunded vs to call  
thee Father, and to believe  
that we are thy beloued  
childzen, which stirrest vp  
none of thine to pray, but  
to the intent that thou  
wouldest beare them, giuing  
vs

vs althings moze effectual-  
ly and moze plentiously  
then we can eyther aske or  
thinke, we besech thee for  
thy sonnes sake to giue vs  
grace to beliene, & to know  
assuredlie that thy Sonne  
our Sauour Iesus Chist  
is giuen of thee vnto vs to  
be our Sauour, our righte-  
ousnes, our holines, our re-  
demption & our satisfaction  
O Lorde suffer vs not to  
trust in any other Salua-  
tion, but in thy Sonne and

J. i.

by

MORNING

by thy Sonne our Saviour  
Jesus Christ. Amen.

*For order and direction  
of godly living.*

**T**HU the O Lord God I  
lift vp my minde, in thee  
I trust, O Lord God let me  
not be confounded, least  
mine enemies make mee  
their iesting stocke, and a  
matter to laugh at.

O Lord make thy wayes  
knowne to me, and trade  
me



me in thy pathes.

Direct me in thy trueth  
and instruct me, for thou  
art God my Saviour, I  
looke after thee euery day.

Howe thou art sweete  
and rightfull, and bringest  
again into the waye them  
that went out.

Thou ledest straight in  
thy iudgment them that be  
milde and tractable, and  
teachest them that be meeke  
the wordes and testimonies.

Thou healest them that

Ps. ii.

be

MORNING

be contrite in hart, and as-  
swagest their paines and  
griefes.

Thou holdest vp all them  
which else should fall; and  
all that are fallen thou lift-  
est them vp againe.

Thou givest sight to the  
blind, and lovest them that  
be bound.

Thou art nigh vnto all  
them that call vppon thee, so  
that they cal vpon thee faith-  
fully and hartely.

Thou fulfillest the desire  
of

PRAYER.

27

of them that feare thee, and  
hearest their prayer, and sa-  
uest them.

Haue mercy vpon me O  
God, haue mercy vpon me,  
for in thee my soule trust-  
eth.

Merely my soule hath a  
special respect vnto thee, for  
my health, my glory, and al  
my strength cometh from  
thee.

For thine owne sake (O  
Lorde God) lay not my sins  
to my charge, I vnder stand  
I. iii. not

## MORNING

not all mine errors, innumerable troubles, close me round about, my sinnes haue taken holde vpon mee and I am not able to looke vp.

But to thy hand to helpe me, and leade me right in all my workes.

Make me to walke perfectly in thy wayes, that no kind of sinne overcome me.

Sitte before my mouth, and keepe the ayre of my lippes.

Let

Let the wordes of my mouth, and the meditation of my harte, be euer pleasant and acceptable in thy sight.

Let the wordes of trueth neuer goe awaye from my mouth, and suffer no malice to dwell in my hart.

O Lord deliuer my soule from lying lippes, and saue me from a deceitfull tong.

Put into my mouth thy true and holy worde, & take from mee all idle and vnfruit.

Ps. xlii.

fruite.

MORNING.

frutefull speech, deliuer me  
from false surmisers and  
accusers of me, rule me as  
thou thinkest good after thy  
will and pleasure.

Turne away mine eyes,  
that they beholde no dayne  
thinges, fasten them in thy  
way.

Take from me fornication  
and all vncleanes, and  
let not the loue of the fleshe  
beguile me.

Yea deliuer my Soule  
from pryde, that it raigne  
not



not in me, and then I shall  
be cleane from the greatest  
sinne.

Stay and keepe my fete  
from eury ill waye, least  
my steppes swarue from  
thy pathes.

My eyes looke euer vp vpon  
to thee O Lorde, because  
thou art nigh at hande, and  
all thy wayes be trueth.

Thy mercies bee great  
and many (O Lord) blessed  
is he who soeuer trusteth in  
thee.

¶.b.

For

MORNING

For when I sayde vnto  
thee my fete slipped, thy  
mercy O Lord, did by and  
by holde me vp.

Teach me to do thy will,  
+ lead me in thy path waye,  
for thou art my God.

O saue my soule and re-  
liver me from the power of  
darknes.

Let the brightnes of thy  
face shine vpon thy seruant  
for vnto thee O Lord haue  
I fled for succour.

Looke vnto me and haue  
mercy

PRAYER.

32

mercy vppon me, for I am  
desolate and poore.

Keepe my soule and de-  
liuer me that I be not con-  
founded. for I haue trusted  
in thee.

O Lord forsake me not  
althoughe I haue done no  
good in thy sight.

For thy goodnes graunt  
me that at the least wise I  
nowe may be ginne to liue  
well.

O Lorde shewe thy ser-  
uantes thy worke: and  
their

MORNING

their childzen thy glozy.

The gracions Maiestie  
of the Lord our God be vpon  
vs, & prosper thou the  
workes of our handes, &  
prosper thou oure handie  
worke.

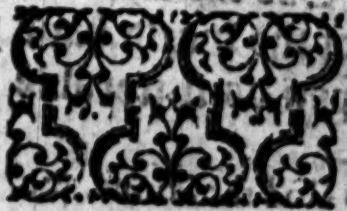
*Let vs Praye.*

O Lord which art the  
Strength of such as trust  
in thee, mercifully assiste  
vs that call vpon thy name.  
And forasmuch as man is in-  
fir

PRAYER.

31

firmitie can doe nothings  
without thee, graunt I most  
humblye beleeche thee the  
helpe of thy spirite, that ful-  
filling thy cōmaundements  
both in will and dede, I  
maye please thee, thro-  
ough Iesus Christ  
our Lord. So  
be it.



# The Letanie.



God the Fa-  
ther of hea-  
ven : haue  
mercie vpon  
vs misera-  
ble sinners.

O God the Father ol. &c.

¶ O God the Sonne redee-  
mer of the world, haue mer-  
cie vpon vs miserable sin-  
ners.

O God the Sonne. &c.

¶



THE LETANY.

31

**O** God the holy Ghoste,  
proceeing from the Father  
and the Sonne, haue mercy  
vpon vs miserable sinners.

O God the holy Ghost. &c.

**O** holy blessed and glo-  
rious Trinitie. three per-  
sons and one GOD, haue  
mercy vpon vs miserable  
sinners.

O holy, blessed and glo. &c.

Remember not Lord  
our offences, nor the offen-  
ces of our forefathers, nei-  
ther take thou vengeance  
of

**THE LETANY.**

of our sinnes, spare vs good  
Lord spare thy people whō  
thou hast redeemed with thy  
most p̄cious blood, and  
be not angrie with vs so,  
euer.

Spare vs good Lord.

From all euill and mis-  
chiefe, from sinne, from the  
craftes and assaultes of the  
Deuill from thy wrath and  
from euerlasting damna-  
tion.

Good Lord deliuer vs.

From blindnes of hart,

THE LETANY.

33

from pride, vaine glozy, and  
hypocrisie, from enuie, ha-  
tred and malice, and all vn-  
charitablenes.

Good Lord deliuer vs.

From fornication, and  
all other deadly sinne, and  
from all the deceites of the  
worlde, the flesh and the de-  
uill.

Good Lord deliuer vs.

From lightning & tem-  
pest, from plague, pestilence  
and famine, from battayle  
and murther, and from se-

Gi.

Deine

THE LETANY.

deine death.

Good Lord deliuer vs.

From all sedition and  
priuie conspiracie, from all  
falle doctrine and heresie,  
from hardnes of heart, and  
contempt of thy word and  
commaundement.

Good Lord deliuer vs.

By the mistery of thy ho-  
ly incarnation, by thy holy  
natiuitie, and circumcision.  
by thy baptisme, fastinge, &  
temptation.

Good Lord deliuer vs.

By

THE LETANY.

34

By thine agony & bloudy  
sweat, by thy Crosse and  
Passion, by thy precious  
death and buriall, by thy  
glozious Resurrection and  
Ascention, and by the com-  
ming of the holy Ghost.

Good Lord deliuer vs.

In all time of our tribu-  
lation, in all time of our  
wealth, in the hoere of  
death, & in the day of iudge-  
ment.

Good Lord deliuer vs.

We sinners do beseeche  
Thee

THE LETANY.

thee to heare vs O lord God  
and that it may please thee  
to rule and gouerne thy ho-  
ly Church, vniuersally in y  
right way.

VVe beseech thee to. &c.

That it may please thee  
to keepe & strengthen in the  
true worshipping of thee, in  
righteousnes and holines of  
life, thy seruant Elizabeth  
our most gracious Queene  
and gouernour.

VVe beseech thee to. &c.

That it may please thee  
to



to rule hir hart in thy faith,  
feare, and lone, and that she  
maye evermoze haue assi-  
ance in thee, and ever seeke  
thy honour and glozy.

VVe beseech thee. &c.

That it may please thee  
to be her defender & keeper,  
giuing her the victozy ouer  
all hir enemies.

VVe beseech thee. &c.

That it may please thee  
to illuminate all Bishops,  
Pastoures, and Ministers  
of thy Church, with true

G.iii. know,

THE LETANY.

knowledge and vnderstanding of thy word, and that both by their preaching and living they may set it forth and shew it accordingly.

VVe beseech thee to. &c.

That it may please thee to endue the Lordes of the Counsell, and all the Nobilitie with grace, wisdom, and vnderstanding.

VVe beseech thee. &c.

That it may please thee to blesse and keepe the Magistrates, giuing the grace  
to

THE LETANY.

36

to erecute iustice, & to main  
taine truth.

VVe beseech thee. &c.

That it may please thee  
to bleste and keepe all thy  
people.

VVe beseech thee. &c.

That it may please thee  
to giue to all nations vnitie  
peace and concord.

VVe beseech thee. &c.

That it may please thee  
to giue vs an heart to loue  
and dzead thee, and diligent  
ly to liue after thy com-

¶.iiii.

maun.

**THE LETANY**

**maundements.**

**VVe beseech thee &c.**

**That it may please thee  
to giue all thy people en-  
crease of grace, to heare  
meekely thy worde, and to  
receiue it with pure affecti-  
on, and to bring forth the  
fruites of the spirite.**

**VVe beseech thee. &c.**

**That it may please thee  
to bring into y way of truth,  
all such as haue erred and  
are deceiued.**

**VVe beseech thee. &c.**

**That**

THE LETANY. 37

That it may please thee  
to strengthen suche as doe  
stand, and to comfort and  
helpe the weake harted, and  
to rayse them vp that fall,  
and finally to beate downe  
Sathan vnder our feete.

VVe beseech thee. &c.

That it may please thee  
to succour, helpe, and com-  
fort all that be in daunger,  
necessitie and tribulation.

VVe beseech thee. &c.

That it may please thee  
to preserve all that trauaile  
G. v. by

THE LETANY.

by land or by water, all women laboring of child, al sick persons & young children, & to shew thy pitie vpon all prisoners and captiues.

VVe beseech thee to. &c.

That it may please thee to defend & prouide for the fatherlesse children and widowes, and all that be desolate and oppressed,

VVe beseech thee. &c.

That it may please thee to haue mercy vpon al men.

VVe beseech thee. &c.

That



THE LETANY. 38

That it may please thee to  
forgiue our enemies, per-  
secutours and flanderers,  
and to turne their harts,

VVe beseech thee. &c.

That it may please thee  
to giue and preserue to our  
vse the kindly fruites of the  
earth, so as in due time we  
may enioye them.

VVe beseech thee. &c.

That it may please thee  
to giue vs true repentance,  
to forgiue vs all our sinnes,  
negligences, and ignoran-

ces

THE LETANY.

ces and to endue vs with  
the grace of thy holy spirite  
to amend our liues accor-  
ding to thy holy word.

VVe beseech thee. &c.

Sonne of God, we be-  
seech thee to heare vs.

Sonne of God, we be. &c.

O lambe of God that takest  
away the sins of the world.

Graunt vs thy peace.

O lambe of God that takest  
away the sins of the world.

Haue mercy vppon vs.

O Christ heare vs.

O Christ heare vs.

¶ 02D

THE LETANY.

39

**Lord haue mercy vppon vs.**

Lord haue mercy vppon vs.

**Christ haue mercy vpon vs.**

Christ haue mercy vppon vs.

**Lord haue mercy vpon vs.**

Lord haue mercy vppon vs.

*Our father which art in. &c.*

And lead vs not into. &c.

But deliuer vs from euill. Amen.

*The Versicle.*

**Lord deale not with vs  
after our sinnes.**

*The Answer.*

Neyther reward vs after our  
iniquities.

*Let vs pray.*

¶

THE LETANY.

O God mercifull Father,  
that despisest not the  
fighing of a contrite harte,  
nor the desire of such as bee  
sorrowfull, mercifully assist  
our prayers, that we make  
before thee in all our trou-  
bles and aduersities, when  
soever they oppresse vs, and  
graciously heare vs, that  
those evils which the craft  
and subteltie of the Deuill  
or man worketh against vs  
bee brought to naught, and  
by the pꝛouidence of thy  
good.

THE LETANY. 40

godnes they may be disper-  
sed, that we thy seruantes  
being hurt by no persecuti-  
on, maye evermore give  
thanks vnto thee in thy ho-  
ly Church thorough Iesus  
Christ our Lord. Amen.

O Lord arise, helpe vs, and de-  
liuer vs for thine names sake.

O God we haue heard with  
our eares, and our fathers  
haue declared vnto vs, the  
noble woꝝkes that thou  
didst in their daies, and in  
the old time befoze them.

O

**THE LETANY.**

O Lord arise, helpe vs, and deliuer vs for thine honour.

*Glory be to the father, &c.  
As it was in the be, &c.*

**From our enemies defend vs O Christ.**

Graciously looke vppon our afflictions.

**Pitifully behold the sorowes of our hartes.**

Mercifully forgiue the sinnes of the people.

**Fauorably with mercie heare our prayers.**

O Sonne of Dauid haue mercie vppon vs.

**Both**



THE LETANY.

41

Both now and euer vouch-  
safe to heare vs O Christ.

Graciously heare vs O Christ  
Graciously heare vs O Lord  
Christ.

¶ *The versicle.*

O Lord let thy mercy be  
shewed vpon vs.

¶ *The answer.*

As we do put our trust in thee  
*Let vs pray.*

**V**e humbly beseeche  
thee (O father) mer-  
cifully to looke vpon  
our infirmities, and for the  
V. i. Glor.

## THE LETANY.

glozie of thy names sake,  
turne from vs all those e-  
uils that we moſte righte-  
ouſly haue deſerued, and  
graunt that in all our trou-  
bles wee maye put oure  
whole truſt and confidence  
in thy mercy, and euermore  
ſerue thee in holynes and  
puranes of liuing, to thy  
honoꝛ and glozie: through  
our onely mediatur and  
aduocate Jeſus Chriſt oure  
Lord. Amen.

A

THE LETANY.

42

*A prayer for the  
Queenes maiestie.*

**O** Lord our heavenly Fa-  
ther, high and mightie,  
King of Kings, Lord of  
Lords, the onely ruler of  
Princes, which dost from  
thy throne beholde all the  
dwellers vpon the earth,  
most hartely we besech thee  
with thy fauour to beholde  
our most gracions Soue-  
raigne Lady Quene Eliza-  
beth, and so replenish her  
with the grace of thy holy  
W.ii. Spirit

THE LETANY.

spirite, that she may alway  
incline to thy will & walke  
in thy way. Andue hir plen-  
tifully with heauenly gifts  
graunt her in health and  
wealth long to liue, streng-  
then her that she may van-  
quish & ouercome all her e-  
nemies. And finally after  
this life she may attaine e-  
uerlasting ioy and felicitie:  
Through Iesus Christ our  
Lord. Amen.

*A prayer for Pastours,  
and Ministers of the  
Church.*

THE LETANY.

43

**A**lmightie and everlast-  
 ing God, which onely  
 workest great maruayles.  
 send downe vpon our Pa-  
 stours, and Ministers, and  
 all congegations commit-  
 ted to their charge & health-  
 full spirite of thy grace, and  
 that they may truely please  
 thee. Poure vpon them the  
 continuall dewe of thy bles-  
 sing: Graunt this (O Lord)  
 for the honoz of our aduo-  
 cate and mediatur Iesus  
 Christ.

V.iii.

## THE LETANY

*A prayer for rayne.*

**O** God heauenly Father  
which by thy Sonne  
Jesus Christ hast promised  
to all them that seeke thy  
kingdome, and the righte-  
ousnes therof, all thinges  
necessarie to their bodelie  
sustenance: Send vs we  
beseech thee, in this our ne-  
cessitie, such moderate raine  
and showers, that we may  
receiue the frutes of the  
earth to our comforte, & to  
thy honour: through Jesus  
Christ our Lord Amen.



THE LETANY.

44

*A prayer for fayre  
weather.*

**O** Lord God which for the  
sinne of man, didst once  
drowne all the world except  
eyght persones, and after  
ward of thy great mercie  
didst promise neuer to de-  
stroye it so againe: wee  
humble beseeche thee, that al-  
though we for our iniqui-  
ties haue worthely deser-  
ued this plague of rayne &  
waters, yet vppon our true  
W. lxxx. re.

THE LETANY.

repentance, thou wilt send  
vs such weather, wherby  
we may receiue the frutes  
of the earth in due season, &  
learne both by thy punish-  
ment to amend our liues, &  
fo: thy clemency to giue thee  
praye and glozy through  
Jesus Christ our Lord. A-  
men.

*A prayer of Chrysostome.*

**A** Almighty God which  
hast giuen vs grace at  
this

this time with one accorde  
 to make our common sup-  
 plicatione vnto thee, and  
 dost promise that when two  
 or three be gathered toge-  
 ther in thy name thou wilt  
 graunt their requestes: ful-  
 fill now O Lord the desires  
 & p. titions of thy seruants,  
 as may be most expedient  
 for them, graunting vs in  
 this worlde knowledge of  
 thy trueth, and in the worlde  
 to come life euerlasting. A-  
 men.

U. b.

The

THE LETANY.

*The blessing.*

**T**He peare of God which  
passeth all vnderstand-  
inge keepe our hartes and  
minde in the knowledge  
and loue of God, and of his  
Sonne Iesus Christ our  
Lorde . And the blessing of  
God almightie, the Father  
the sonne & the holy Ghost,  
be among vs and remaine  
with vs alwayes. Amen.

*Euening*

# Euening Prayer.



Conuert vs  
( God our  
Saviour )  
and turne  
thy wrath  
alwaie frō

vs.

God make speede to  
saue vs.

Lord make hast to  
helpe vs.

Glory

EVENING

*Glory be to the father. &c.  
As it was in the begin. &c.*

Prayse we the Lord.  
Thanks be geuen to God.

¶ *Psalmes.*

**T**HY clemency, mer-  
cy, & blessing, mighty  
GOD we craue and  
require of thee most instant-  
ly, O let thy countenance  
shine vpon vs, that here  
on earth, we may find out  
the



the way which leadeth vn-  
to thee and make vs to ob-  
taine saluation among the  
Gentiles.

¶ That all the people  
would confesse thee with lo-  
uing hartes, for the man-  
fold benefits and pleasures  
that they haue receiued at  
thy' handes, which with  
iustice dost gouerne men  
and art their leader vppon  
the earth.

Poure downe (O Lord)  
vpon vs thy continuall bles-  
sing

EVENING

king and goodnes, and then  
shall the earth yeelde vnto  
thee glozy and prayse, & vn-  
to vs frutes for meate.

O God the father blesse  
vs, O God the sonne blesse  
vs, O God the holy Ghost  
blesse vs.

O blessed and glorious  
Trinitie, graunt vs thy co-  
tinuall blessing.

THE Lord shall defend  
mee vnder his winges  
and I shalbe safe vnder his  
fethers

PRAYER.

48

sethers, his faithfulness and  
trueth shalbe my shield and  
buckler.

Lord I call vpon thee  
hast thee vnto me, and con-  
sider my voyce, when I crie  
vnto thee.

Let my prayer ascend vp  
to thee as the incense, and  
let the liftinge vp of my  
handes be an euening sacri-  
fice.

Keepe me Lord as the ap-  
ple of an eye, hide me vnder  
the shadowe of thy winges,  
from

EVENING

from the vngodly that trouble me.

Kepe my soule, Lord, and let me not be confounded. because I haue put my trust in thee.

Bow downe thine eare O Lord, and heare me, preserve thou my soule, my God saue thy seruant that putteth his trust in thee.

Be mercifull vnto me, O Lord for I will call dayly vpon thee.

Comfort the soule of thy  
seruant,

Seruaunt, for vnto thee O  
Lorde do I lift vp my soule,  
for thou art good and graci-  
ous, and of great mercy to  
all them that call vpon thee.

Giue care Lorde, vnto  
my prayer, and ponder the  
voice of my humble desires,  
for thou art great and doest  
wonderous things, thou art  
God alone.

For great is thy mercye  
towards me, and thou hast  
deliuered my soule from y<sup>e</sup>  
nethermost Hell.

A. I.

Thou

EVENING

Thou Lord God full of  
compassion & mercy, long  
suffering, plenteous in good-  
ness & truth. tourne thee vn-  
to me and haue mercy vpon  
me.

Hearken vnto my voice  
O Lord, when I crie vnto  
thee haue mercy vppon mee  
and heare me.

Hide not thy face from  
me, nor cast not awaye thy  
seruaunt in thy displeasure,

Be my succour, O Lord,  
leau me not, neither for  
lake



PRAYER.

50

Take mee, O God my salua-  
tion.

O looke thou vppon mee,  
and be mercifull vnto mee,  
as thou vblest to doe vnto  
those that loue thy name.

I will lay me downe in  
peace, and take my rest, for  
it is thou Lorde onely that  
makest me dwell in safetie

Lighten myne eyes, O  
lorde, that I sleepe not in  
death.

I haue set God alwayes  
before me, for hee is on my

I. ii.

right

EVENING

right hand, therfore shall I  
not fall.

Wherfore my heart was  
glad, and my glozy reioiced,  
my flethe also shall rest in  
hope through Iesus Christ  
our Lord and Saviour.

O merciful God graunt  
me to couet with an ar-  
dent mind, those thinges  
which maye please thee, to  
read the Scriptures dili-  
gently, to search them wise-  
ly, to know them truly, and  
to

PRAYER.

51

to fulfill them perfectly, to  
the laude and gloꝝ of thy  
name.

Order my livingſo that  
I maye do that which thou  
requireſt of me, and give  
me grace that I may know  
it, and haue will and power  
to do it, and that I may ob-  
taine thoſe thinges which  
be moſt conuenient for my  
ſoule.

Good Loꝝde make my  
waꝝe ſure and ſtraight to  
thee, ſo that I ſhall not be

A.iii.

twen

EVENING

twene prosperitie, and ad-  
uersitie, but that in prospe-  
rous thinges I maye giue  
thee thanks, and in aduer-  
sitie, be patient, so that I be  
not lift vp with the one, no2  
oppressed with the other.

And that I maye reioyce  
in nothing, but that which  
moueth mee to thee, no2 to  
bee so2y for nothinge but  
those thinges which drawe  
mee from thee, desiringe to  
please no body no2 fearinge  
to displease any beside thee.

Lo2d

# PRAYER.

52

Lord let all worldly  
thinges be vile vnto mee in  
respect of thee, let me not be  
mery with the ioye that is  
without thee, and let me de-  
sire nothing besides thee, let  
that labour delite me which  
is for thee, and let all the  
rest weary mee, which is  
not in thee.

Make me to lift my hart  
often times vnto thee, and  
when I shall make mee to  
thinke on thee, and be seze  
with a stedfast purpose of  
I.iii. a.

EVENING

amendement, and grace of  
thee to persourme the same.

O my God make mee  
humble without seyninge,  
mery without lightnes, sad  
without dulnes, true with-  
out donblenes, fearing thee  
without desperation, trust-  
inge in thee without pre-  
sumption, telling my neigh-  
bours faulces without dis-  
simulation, teaching them  
with wordes and examples  
without mockinges, obedi-  
ent without arguing, paci-  
ent



PRAYER.

53

ent wythout grudginge,  
and pure without corrup-  
tion.

My most louinge Lorde  
and God, giue me a wake-  
ing heart, that no enuious  
thought withdraue me from  
thee, let it be so strong that  
no vnworthy affectiō draue  
me backward, so stable that  
no tribulation breake it, so  
free that no election by vio-  
lence make any challenge  
to it.

My Lord graunt me wit  
J. b. to

**EVENING**

to knowe thee, diligence to  
seeke thee, conuersation to  
please thee, and finally hope  
to embrace thee. Graunt  
this oh most mercifull Fa-  
ther, for the precious blood  
sake of that immaculat lambe,  
our onely Saviour Iesus  
Christ. To whom with thee  
and the holy Ghost, three  
persons and one God, be all  
glory and honour worlde  
without end. Amen.

*At thankesgiuing.*

**Blessed**

Blessed art thou O Lorde  
God of our fathers, for  
thou art prayse and honour  
worthy and to be magnifi-  
ed for euer.

Blessed bee the glory of  
thy holy name, for it is wo-  
thy to be praysed, and aboue  
all to be magnified for euer.

Blessed art thou O Fa-  
ther Sonne and holy ghost,  
for thou art worthy to bee  
praysed and aboue all to bee  
magnified for euer.

Blessed

EVENING

Blessed art thou in the  
firmament of heauen, for  
thou art prayse woꝛthy for  
euer.

¶ I giue thanks vnto  
the Lord all creatures, for  
he is kind harted and mer-  
cifull, yea, his mercy endu-  
reth for euer.

¶ I prayse him and giue  
him thanks, for his mercy  
endureth for euer, & wylde  
without end.

*The Creede.*

PRAYER.

55

**I** Belene in God the fa-  
ther almightie. maker  
of heauen and earth. &c.

**L**ord haue mercy vppon vs.  
Christ haue mercy vppon vs.

**L**ord haue mercy vpon vs  
Our Father which art in  
heauen. &c.

And lead vs not into ten-  
tation.

But deliuer vs fro euill. Amen

*The Versicle.*

**O** Lord deale not with vs  
after our sinnes.

*The*

EVENING

*The Answer.*

Neither reward vs after  
our iniquities.

*Let vs pray.*

**V**IS ET we beseech thee  
Lord this our dwellinge  
and driue from it all the as-  
sautes of our enemies, let  
thy holy Angell dwell in it,  
which may keepe vs all this  
night in thy peace, and euer  
let thy blessing be vpon vs:  
Graunt this (oh mercifull)  
fa,



PRAYER.

56

father for thy dearely beloved  
Sonnes sake Iesus  
Christ, who liueth & raig-  
neth with thee and the holy  
Ghost, one God, world  
without end. So  
be it.



The

*The right vse of this Gar-*  
*den is to obserue these*  
*Sentenees.*

**A** Aske with a sure sayth.

**G** Giue almes to the poore.  
**O** Obey God and the Prince.  
**D** Do well to all men.  
**L** Loue God, and hate vice.  
**Y** Yeeld to truth.

**G** Giue God the Glory.  
**A** Auenge not thy cause.  
**R** Remember thy end.  
**D** Defend the truth.  
**E** Enuie no man.  
**N** Neuer cease from wel doing.

*The*

The confession of a sinner to be  
said euery day, and at  
all times.



God and merci-  
full Father be  
mercifull vnto  
me, for many be  
the enemies that fight day-  
ly against me, O thou God  
most highest, I come here  
prostrate in hart, confessing  
my abhominable wicked-  
nes in thought, word, and  
deede,

A GODLY

Deede, all my life long, wher  
in I haue offended thy ma-  
iestie, y<sup>e</sup> which thou know-  
est, where they were done  
and when, the number of  
them are innumerable. O  
father the remembrance of  
them are greuous vnto my  
harte, for they are against  
me in thy sight as the sand  
in the sea, or as the moles  
in the sunne, the which  
cannot be numbred, O fa-  
ther they are so odious, de-  
testable and greuous vnto  
my

GARDEN.

my harte, that without the  
 hope of thy greate mercie  
 powred on me in the death  
 and blood of thy deare sonne  
 my Saviour Iesus Christ  
 in sayth, I shoulde bitterly  
 fall into desperatton, and be  
 damned for ever in hell fire,  
 so little helpe is there in me  
 or in any other creature.  
 But this is my hope, O fa-  
 ther, that thou wilt glue  
 me the grace of true repen-  
 taunce, & then I trust thou  
 wilt graunt unto me most  
 L. it.      sinfull

A GODLY

Unfall wretch of all wretches, the forgiveness of all my sinnes, and to release me from all the terrible panges due for the same. O Father, now forasmuch as thou hast taught vs to pray and aske, & thou wilt giue, knocke and thou wilt open: I beseeche th & O Father, graunt me from henceforth a continuall and perfect faith and hope, onely in thee and in thy Sonne Jesus Christ, and that I may saye



O God the Father haue  
mercy vpon me, O God the  
Sonne haue mercye vppon  
me, O God the holy Ghost  
haue mercy vpon me. O glo  
rious and blessed Trinitie,  
thre persons and one God,  
haue mercy vppon me, and  
forgiue me all my sinnes  
and wickednes that I haue  
committed or done since I  
came into this miserable  
worlde, vntill this present  
houre, and ever hereafter.  
O father I wretched crea-  
ture,

A.iii.

ture,

A GODLY

ture, most humble beseeche  
thee from hencefoorth to bee  
my defender against all  
mine enemies, the Devil  
the woꝛlde, and the fleſhe,  
graunt this O deare father  
foꝛ the death and Paſſion  
of thy deare and only ſonne  
our Sauour Ieſus Chriſt  
our Loꝛde: to whome with  
thee and the holy Ghoſt bee  
all honour and prayſe foꝛ  
euer and euer woꝛlde with  
out end. Amen.

For

*For the Sunday a Mor-  
ning prayer.*



**R**EN-  
der unto  
thee (O  
beauely  
Father)  
most har-  
ty thāks

by thy deare Sonne Iesus  
Christ, that this night past  
thou hast vouchsafed of thy  
Fatherly goodnes to pre-  
s. iiii. serue

A GODLY

serue me from all euill, and  
to giue my body rest & slepe:  
I knowe most entirely be-  
sech thee that as thou hast  
raysed vp this my body fro  
sleepe, so likewise thou wilt  
deliuer my minde from the  
sleepe of sinne, and from the  
darknes of this worlde, that  
I walkinge in the light of  
thy blessed word, may onely  
doe that is pleasaunt in thy  
sight, profitable to my neigh-  
bour, and healthfull to my  
soule. Amen.

*A prayer for the forgiveness  
of sinne.*

**O** My Lorde and onely  
Saviour Iesu Christ,  
which camest into this  
worlde to take away the hea-  
uie burdens of them that  
were laden, to seeke that  
was lost, to call sinners vn-  
to repentance, to giue e-  
uerlasting life to the fayth-  
full, and to be a mediator  
betwene God the Father &  
vs.

A GODLY

vs: I poore wretched sinner  
from the very hart lament,  
and inwardly bewaile my  
sinfull and wretched life, de-  
siring thee for thy promise  
sake, according to thy mer-  
cifull went, to be my me-  
diatoure and aduocate vnto  
God the father, that he may  
forgiue me all mine olde  
sinns, and so wholy possesse  
my harte by his blessed spi-  
rite that he may defend me  
against all perils to come.  
which the Deuill, the wo;ld



o2 the fleshe imagineth a-  
gainst mee, and so change  
me into a newe man, that  
mine olde sinnes being wi-  
ped awaye in thy precious  
bloud, I may walke from  
vertue to vertue, vnto the  
glozy and prayse of his bles-  
sed name. Amen.

*A prayer vnto God  
the Father.*



Vp dearely beloued  
Donne (O moste lo-  
uing Father) taught  
vs

A GODLY

be in his holy Gospell, that  
to know thee to be the alone  
true God, is euerslasting  
life: Graunt therefore we  
beseech thee that we maye  
truely knowe thee, euen as  
we are taught by thy holy  
woꝝd, beleue with the hart,  
& confesse with the mouth,  
that thou alone art the true  
liuing and immortall God,  
our heauenly Father. our  
maker, our preseruer, and  
our defender, that we thus  
beleuinge and confesseinge  
may

may through thy Sonne  
Christ become heyres of e-  
uerlasting life. And as wee  
thus beleue and confesse of  
thee, so giue vs grace to  
shew forth this our faith by  
godly conversation and ver-  
tuous living, that men see-  
ing our good workes, maye  
glorifie thee our heavenly  
Father, to whom be prayse  
for ever. Amen.

*A prayer vnto God the  
Sonne.*



A GODLY

**O** Lord Iesu Christ, sonne  
of the liuing God, yea  
very God himselfe, begot-  
ten of God the father from  
enerlastinge and continu-  
ing true & immortall God,  
worlde without end, by  
thee all thinges were made  
both in heauen and earth.  
by thee also they be conser-  
ued and kept in a godly or-  
der, thou art the brightnes  
of thy fathers gloze, thou  
art the very Image of his  
sub

substance, in thee are hidde  
all the treasures of wise-  
dome and knowledge, in  
thee dwelleth all fulnes, by  
thee are we reconciled to  
God the Father, by thee are  
we set at peace with him,  
through thy blood shed up-  
pon the Crosse, by thee haue  
we free access vnto the glo-  
rious throne of thy Father,  
and by thee (through sayth)  
are we brought into his  
grace wherin we stand and  
reioyce, in hope of the glory  
of

A GODLY

of God. For the which wee  
thanke thee, & most humbly  
besech thee to giue vs grace,  
faithfully to beleue in thee,  
& stedfastly to confesse thee  
to be true God and man,  
earnestly acknowledginge  
thee our alone Redeemer,  
Saviour, Satisfier, Recon-  
ciler, Intercessor, Media-  
tour and advocate; that we  
all together dependinge on  
thee and thy merites, on thy  
blessed Passion, precious  
death, and glorious Resur-  
rection



rection, may studie through  
 thy grace, so to order our  
 life in true holines and in-  
 nocencie, that at the day of  
 iudgement thou maist pre-  
 sent vs both body and soule  
 vnto thy heauenly father. &  
 so for euer and euer place  
 vs in thy glorious kyng-  
 dome. Amen.

*Vnto God the holy*

*Ghost.*

**O** Holy and blessed spirite  
 which beeing true and  
 li. i. euer

A GODLY

euclasting God, with God  
the father, & God the sonne,  
proceedest from them both  
full of maiesrie and power,  
which also with thy hea-  
uently bzeath quicknest the  
mindees of them that afore  
were dead thzough sinne,  
makeest mery the hearts of  
the faithful penitent, bzing-  
est into the way of truth all  
such as were at debate, com-  
fortest the soules of them  
that hunger and thirst af-  
ter righteousness, and plen-  
teously

teously enrichest them with  
diuers giftes, which praye  
vnto thee in the name of  
Jesus Christ. Purifie our  
hartes we beseech thee with  
the fire of thy loue, mortifie  
in vs whatsoeuer is not  
thine, renue and garnishe  
our mindes with thy hea-  
uenly benefites & spirituall  
giftes, that they maye bee  
made thy temples, lead vs  
into al necessary truth, suf-  
fer vs not to be caried about  
with diuers and strange

L. ii.

ccc.

A GODLY

doctrine, but alwaye to re-  
mayne in that doctrine,  
wherof thou alone art the  
author, arme our soules a-  
gainst the craftie assaults  
of subtile Satan, against  
the vaine pleasures of the  
wicked worlde, and against  
the leude lustes of the filthy  
flesh, that we being reple-  
nished with thy holy breath  
may do that onely which  
is acceptable in thy  
godly sight,  
Amen.

For

*For Monday a morning*  
*prayer.*



Most lo-  
 uing and  
 gite god  
 I thank  
 thee for  
 þe sweete  
 sleepe and  
 comfortable rest, that thou  
 hast given me this night;  
 & for as much as thou hast  
 commaunded me by thy ho-  
 ly

Liii.

A GODLY

ly word, that no man should  
be idle but alwayes occupi-  
ed in vertuous exercises, e-  
very man according to his  
calling, I most humbly be-  
seach thee, & thine eyes may  
attend vpon me, dayly be-  
send me, in sorow succour  
me, cherish comfort and go-  
uerne al my counsailes, stu-  
dies, and labours, in such  
wise, that I may so spend  
this daye, accordinge to thy  
most blessed will, without  
hurtinge of my neighbour,  
that



that I maye diligently and  
warely eschew and auoyde  
all thinges, that should dis-  
please thee, let the alwayes  
befoze mine eyes, and liue  
in thy fear, and euer worke  
that, that may be found con-  
tinent, pure of liuing, tem-  
perate & acceptable befoze  
thy diuine maiestie, vnto y  
praise of thy most holy and  
blessed name : through Je-  
sus Christ our Lord and Sa-  
uiour. Amen.

A. GODLY

For Tuisday a morning  
prayer.



Singe that  
thou hea-  
uely father  
art that one  
& alone al-  
mighty god  
which art in enery place,  
beholdest the counsailes,  
deuises and works on the  
very thoughtes of all men,  
and giuest to every one ac-  
cording

according to their need: I most  
humbly beseech thee that for  
as much as thou hast gra-  
tiously preserved mee this  
night, I may not spend this  
day after my owne minde &  
pleasure which is alway e-  
uill and wicked, but ear-  
nestly looke vpon, and dili-  
gently followe thy fatherly  
will, thy everlasting coun-  
saile, thy healthfull word, &  
pleasure which is alwayes  
good, perfect and holy, and  
fulfill the same with good

I. v.

will,

A GODLY

Will. that thy diuine name  
may alwayes be sanctified  
both now and enermore of  
vs miserable sinners, thro  
rough thy dearely beloued  
sonne Iesus Christ our lord  
and Saviour. Amen.

*A morning prayer for  
Wednesday.*



As possible thanks  
that I am able,  
I render vnto  
the O Lord Je-  
sus

Ius christ, for that thou hast  
willed this night past to be  
prosperous vnto me. I be-  
sech thee likewise to prosper  
at this same day vnto me for  
thy glory and for the health  
of my soule, and that thou  
which art the true light,  
not knowinge any goinge  
downe, and which art the  
sonne eternall, giuing life,  
fode, and gladnes, vnto all  
things, vouchsafe to shine  
into my mind, that I maye  
not any where stumble to

A GODLY

fall into any sinne, but may  
through thy good guiding &  
conducting, come to the life  
everlasting.

For Thursday a morning  
prayer.



Lozde Iesus  
Christ into  
whome and  
before who  
all things ar  
manifest &  
plaine, which sufferest not

A



a Sparowe to light on the  
ground without thy prou-  
dence, and which in times  
past by thy holy spirite didst  
guide our forefathers *Abra-  
ham, Isaac, and Jacob*, in thy  
pathes and wayes. Against  
the going of the young *Toby*  
into a strange countrey did-  
est prouide thy Angell and  
messenger to be his guide,  
graunt me this daye moſte  
wretched sinner, whom by  
thy word thou doost encou-  
rage to call vppon thee in all  
time

A GODLY

time of needs and necessities  
that I maye haue thy holy  
spirite, to direct my pathes  
and wayes this daye, that I  
may walke according to thy  
godly wil and pleasure, p20.  
fitte of my neighbour, and  
glozy of thy name, which li-  
uest and raignest, worlde  
without end. Amen.

For Friday a morning  
prayer.



Mercyfull  
Lord God  
& heauen-  
ly Father,  
I render  
most high  
laudes prayse and thanks  
vnto thee, that thou hast pre-  
serued me both this night  
and all the time and dayes  
of my life hitherto vnder  
thy protection, and hast suf-  
fered me to liue vnto this  
present houre. I beseech thee  
har-

A GODLY

hartely y thou wilt vouch-  
safe to reserve me this day,  
& the residue of my whole  
life from henceforth into  
thy tuition, ruling and go-  
verning me with thy holy  
spirite, that all maner of  
darknes, of misbeliefe, in-  
fidelitie, carnall lustes, and  
affection, maye bee utterly  
chased and driven out of my  
heart, and that I may bee  
iustified and saved both, bo-  
die & soule through a right  
and a perfect fayth, and so  
walke

walke in the light of thy  
most godly truth, to thy glo-  
rie and prayse, and to the  
profite and furtheraunce of  
my neyghbour: theſe words Je-  
sus Chriſt our Lorde and  
Saviour. Amen.

*For Saturday a mor-  
ning prayer.*

**H**eavenly Father,  
which like a dili-  
gent watchman, at-  
tendest alwayes vpon thy  
people. *Ps. i.*      sayth

A GODLY

saythfull people, whether  
they wake oz sleepe: and  
mightely defendest them,  
not only from Sathan that  
old enemye of mankind, but  
also from all other their ad-  
uersaries, so that throught  
thy godly power they bee  
harmeles preserved. I most  
hartely thanke thee, that it  
hath pleased thy goodnes, so  
to take care vppon mee thy  
vnprofitable seruaunt this  
night past, that thou haste  
both safely kept me from al  
nine



mine enemies, and also gi-  
uen me swete sleepe, vnto  
the great comfort of my bo-  
die, I most entirely beseeche  
thou moste mercifull and  
swet father, to shewe the  
like kindnes towardes mee  
this day. in preserving my  
body and soule. that as my  
enemies mai haue no pow-  
er ouer mee, so I like wise  
may neyther thinke, breath  
speake or do any thinge may  
be displeasat to thy fatherly  
godnes, dangerous to my

P.ii.

soule

A GODLY

soule, or hurtfull to my nei-  
bour: but that all mine en-  
terprises may bee agreable  
unto thy most blessed will,  
which is alwaye good and  
godly, doing that maye ad-  
uaunce thy glozy answere  
to my vocation, and profite  
to my neighbour, whom I  
ought to loue as my selfe:  
that when so ever thou cal-  
lest mee from this vale of  
miserie I may be found the  
childe, not of darknes, but  
of light, & so for ever raigne  
with

with thee in glozy, whiche  
art the true & everlastinge  
light, to whome with thy  
dearly beloued sonne Iesus  
Christ our alone Sauour,  
and y<sup>e</sup> holy Ghost that most  
sweete comforter, be all ho-  
nour and glozy. Amen.

*A Generall morning  
prayer.*

**O** Almighty God our hea-  
uenly Father, I con-  
fesse that I am miserable  
P.iii. and

A GODLY

and wretched sinner, and  
haue manifold wayes most  
grecuouly transgressed thy  
most godly and blessed com-  
maundementes, thozough  
wicked thoughtes, vngod-  
ly lustes, sinnesfull workes  
and vices, all my whole  
life. In sinne was I borne  
and conceived, and there is  
no goodnes in mee, in as-  
much as if thou shouldest  
enter into thy narrow  
iudgment with me iudge-  
ing me accordinge vnto the  
same

lame, I were neuer able to  
suffer or abyde it, but most  
needes perishe and be dam-  
ned for ever, so little helpe,  
comfort or succour is there  
in me or in any other sinful  
creature, onely this is my  
comfort O heavenly father  
that thou diddest not spare  
thy onely beloued Sonne,  
but didest giue him vp vn-  
to the moste bitter, moste  
vile, and slanderous death  
of the Crosse for me, that he  
might so pay the ransome

M.iii.

for

A GODLY

for my finnes, satisfie thy  
indgment still, and pacifie  
thy wrath, reconcile me vn  
to thee againe and purchase  
me the grace and fauour, &  
euerlasting life. Wherefore  
through the merites of his  
most bitter passion, and tho  
row this innocent bloude  
shedding I beseech thee O hea  
uenlie Father, that thou  
wilt vouchsafe to be graci  
ous and mercifull vnto me,  
to pardon and forgive me  
all my finnes, to ligh  
ten



ten my harte with thy ho-  
ly Spirite, to renne, con-  
firme and strengthen mee  
with a right and a perfecte  
sayth, and to enflame me in  
loue towarde thee and my  
neighbour, that I maye  
henceforth with a willinge  
and a glad hart walke as it  
becommeth me, in thy most  
godly & blessed commaun-  
dements and so glorie and  
praise thee euerlastingly,  
and also that I may with a  
free confidence and a quiet  
h. b. hart

A GODLY

hart in all maner of tenta-  
tions, afflictions, or necessi-  
ties, and even in the very  
panges of death, crye boldly  
and faithfully vnto thee and  
say: I beleue in God the father  
almightie maker of heauen  
and earth, and in Iesus Christ  
his onely Sonne our Lord. &c.  
But O Lord God heauenly  
Father to comfort my  
selfe in afflictions and ten-  
tations with these Articles  
of the Christian sayth, it is  
not in my power, for sayth  
is

is thy gift. For as much as  
thou wilt be prayed vnto  
and called vppon for it, I  
come vnto thee, to pray and  
beseech thee both for that and  
for all my other necessities,  
even as thy dearly beloued  
Sonne our Saviour Iesus  
hath him selfe taught vs,  
and from the very bosome  
of my hart I crie and say. O  
our Father which art in hea-  
uen. Hallowed bee thy name.  
Thy kingdom come. &c.

A GODLY

*A generall confession vnto God  
dayly to be sayd.*

**O** most mercifull Lorde  
God, and moſte tender  
and deare father, vouchſafe  
I hartely beſeeche thee, to  
looſe downe with thy father  
ly eyes of pitie vppon mee  
moſt vile and wretched ſin-  
ner, which lyeth here pro-  
ſtrate in hearte befoze the  
feete of thy bottomles mer-  
cy, O father, in ſo much that  
I am no more worthy to be  
called

called thy sonne. Yet neuer-  
thelesse, forasmuch as thou  
art the God and Father of  
all comfort, and againe de-  
sirest not the death of a sin-  
ner, but like a true Sama-  
ritane takest thought for  
my self wounded Soule:  
make me I pray thee by in-  
fusing thy precious oyle  
of comfort into my wounds,  
ioyfully to runne with the  
lost sonne vnto the lappe of  
thine everlasting pitie. For  
ice thou art my hope and  
trust.

A GODLY

trust, in whome I onely re-  
pose my selfe, hauing in thee  
full confidence and fayth,  
I may say with a very fayth  
full harte, trustinge in thy  
mercy. I beleue in thee O  
Gods father, in thee O God  
the sonne. and in thee O god  
the holy ghost, thee persons  
one true & euerliuing God  
besides whome I knowledg  
neno other God in heauen  
aboue, nor in earth beneath  
Hea and I poore sinner doe  
accuse my selfe vnto thee.  
deare



deare Father, that I haue  
soze and greuously offended  
thy almightie goodnes and  
maiestie, in the committing  
of mine exceeding greuous  
& manifold finnes & wret-  
chednes, soz I haue not  
kept the lest of thy most god-  
ly & blessed cōmaūdemēts,  
like as the righteousnesse  
may require and demand  
the same of me. I haue (I  
say) not honored thee like  
my God, nor dyed thee like  
my Lord, loued thee like my  
Father

A GODLY

Father, trusted in thee like  
my Creator, and my Sa-  
viour. Thy holy and dread-  
full name, vnto whom all  
glory and honour belong-  
eth, haue I vsed in vaine. I  
followed the great Prince  
of this worlde Satan,  
which hath bene a liar from  
the beginninge, in concu-  
piscence of the fleshe, in  
pryde of liuinge in lying,  
in couetousnes, in glotto-  
ny in hatred, in enuie, in  
backbitinge, in dyspayre  
and

# GARDEN.

and all misbelefe. But in  
 what maner soeuer that I  
 haue offended and sinned a-  
 gainst thy eternall maiestie  
 for no man knoweth tho-  
 rowly his sins, as thy pro-  
 phet witnesseth. whether it  
 hath bene by daye or els be  
 night, yea even from my  
 childehood vnto this day, wer  
 it in woordes, wordes, or  
 thoughts, secretly or open-  
 ly. O my mercifull God, I  
 am sorry for it euen fro the  
 very bottome of my heart,

A i.

How

AGODLY

how be it, in token of great  
repentance, though al harts  
be knowne well inough vn  
to thet, I do knocke & strike  
my brest, & say in bitternes  
of hart and soule, Lord God  
& father haue mercy, Lorde  
god and sonne haue mercy,  
Lorde God and holy ghost  
haue mercy. Spare me of  
thine infinite mercy deare  
Lord now and all the dayes  
of my life, and let me haue  
part of thine aboundaunt  
grace, so as I may chaunge  
my

my ſinful life and put out of  
me the old man with all his  
concupiſcence, and alſo that  
I may die vnto the world, &  
that the world may be vnto  
me a croſſe, and ſo go forth  
in a newe life. Strengthen  
me O Lorde in a true hum-  
ble hart in perfect lone hope  
and truſt in thee. Giue my  
ſoule grace onely to deſire  
to reioyce, & reſoſe my ſelfe  
in thee, and that I may vt-  
terly renounce and forſake  
the vaine aſſiſſaunce of this  
P. y. world

A GODLY

world, so that thou mayest  
find me ready with the good  
servant, in the midnyght  
of death, which shall soden-  
ly seale vppon mee like a-  
thiefe ere I be a ware. Be  
thou to me at that time of  
need, O Lorde, a tower of  
strength, a place of refuge,  
and defensible God, name-  
ly against the face of the  
scende. who, like a roaring  
Lion shalbe then most rea-  
die to deuoure mee, and a-  
gainst desperation which  
then



then shalbe busie to grieue  
me. Let then thy comforte,  
cleane lasse vnto mee, thy  
mercy kepe me, & thy grace  
guide mee. Fetch then a-  
gaine Lorde God Father  
that which thy puisaunt  
might hath shapen. Fetch  
then againe lord god sonne,  
that which thou haste so  
wisely gouerned & bought  
with thy precious bloud.  
Take againe then Lorde  
God holy ghost, that which  
thou haste kept and preser-

P.iii.

ned

A GODLY

ued so louingly in this regi-  
on of sinne and vale of mise-  
rie, thre persons and on be-  
py God, vnto whome bee  
praye and honour for euer,  
and euer. Amen.

*A prayer vnto God  
the Father.*

**O**mnipotent, and mercifull  
God the Father e-  
ternall, which doest not ni-  
spise a sinner beewaylinge  
with a contrite harte for of-  
fending

sending thy high maiestie, I  
pray thee by thy grace to  
bestow mee nere vnto thee,  
to heare my prayers, and to  
forgiue mee my offences,  
to comfort me in afflictions  
and forgie Lolde them  
that oppresse mee, and that  
my ghostly enemye haue no  
power to deuouere mee, as  
he desireth, but that I may  
strongly withstande his  
fraude and snares to my  
comforte, that I may die in  
thy true sayth, & rest with

P.iii.

thee

A GODLY

thee in thy everlasting kin-  
dome. Amen.

*An intercession and pray-  
er vnto our Sauour  
Iesu Christ.*

**O** Most mercifull Iesu my  
sweete Sauour & most  
gracious Lord God, I thank  
thee highly, for that thou  
hast created and made mee  
of nought, and for thy mani-  
folds benefites & graces that  
thou haste giuen vnto mee  
here

here in this worlde: befoze  
many other, not only preser-  
uing me from all vile and  
lothsome sicknes, from  
shame & many misfortunes  
but also giuing to mee (most  
vnworlthy) many good great  
and excellent giftes. All  
which giftes moste swete  
Jesus, I wot verely and  
knowledg mekely, cometh  
of thy goodnes onely, and no  
thinge of my deseruinge.  
Wherefoze most mightie  
Lord God my creator, my

P. v.

rede.

A GODLY

redēmer, & most mercifull  
sauour Iesu Chzist, which  
when we were lost thou  
bought and redeemedst vs a-  
gaine with thine own most  
pzeious blood, haue mercy  
on me most vnwozthe  
wzetch, which haue com-  
mitted & done many great  
sinnes & trespasses against  
thy mercifull goodnes, and  
haue mispent thy giftes of  
grace that thou so louingly  
didest giue mee, and so vn-  
gently behaued my selfe to  
thee



thee, that surely I am much  
unworthy to be called thy  
Sonne, yet moste beninge  
Iesu thou art so bonntifull  
of thy mercy and pitie, that  
notwithstanding mine un-  
kindnes towarde thee, yet  
duringe my life, I will put  
all my whole trust and con-  
fidence in thy mercie. For  
thou commaundest (I wot)  
to cry & cal vpon thee, y thou  
therby mightest haue occasi-  
on to giue vnto vs thy most  
gratious giftes. Wherfore  
most

A GODLY

most glorioꝝ Iesu, which  
foꝛsakeſt no ſinner, but  
gladly receiueſt to thy mer-  
cie all them that will meek-  
ly call foꝛ it. Giue mee euer  
grace to Dꝛead thee, loue  
thee, and to ſerue thee with  
all my hart and mind, with  
al my will and reaſon, with  
all my might, power, and  
ſtrength of body and ſoule,  
and graunt me good Lorde,  
that of all my actes & deedes  
done to thy will & pleaſure,  
I may render all thy honour  
and

and prayings vnto thee, as  
to whome of very dutie it  
belongeth: and now I be-  
sech thee gracious Lorde of  
thine infinite mercie, let all  
my mispent life in times  
past be forgotten before  
thee, that I haue consumed  
and spent verie euill, & send  
me good Lorde perseverance  
of vertuous liuinge, that I  
may now from henceforth  
order my life here in this  
worlde to thy pleasure.  
First with contricion to  
make

make a pure & cleane confession. Also my sweete Saviour graunt me time and space that I maye receiue thy blessed body and bloud vnder the fourme of bread and wine, to my comfort or I departe out of this world in cleane life, for the comfort and saluation of my sinfull soule. And most mercifull Lord Iesu I pray thee too preserve mee from sodaine death, and send mee my right mind at my departing

parting with steadfast fayth,  
very true hope and fervent  
charitie: And moste sweete  
Lord Iesu Christ giue mee  
now thy mercifull ayde and  
grace to pursue and followe  
alwayes thy will and com-  
maundementes, and so to  
eschue mine owne frayle  
will and desires and the de-  
uels false intisements, so  
that in thy sight I may ap-  
peare to be (as I am named)  
thy sonne & a true christian  
man, and after this present  
life

A GODLY

life I may come to the sight  
of thy most glorious face in  
heauen. Amen.

VVe worshippe thee O Christ  
with prayse and benediction:  
For thou redemedst the world  
through thy blessed passion.

*Another prayer vnto our Sa-  
uiour Iesus Christ, called  
Conditor Cœli.*

**O** maker of heauen and  
earth, King of Kinges,  
and Lord of Lordes, which  
of



of nothing diddest make me  
to thy image and likenes,  
; diddest redēme me with  
thine owne p̄cious bloud  
whom I a sinner am not  
worthy to name, neyther  
with my heart to thinke vpon,  
humbly I desire thee,  
and meekly pray thee, that  
gently thou do beholde mee  
thy wicked seruaunt and  
haue mercy on mee, which  
hadst mercy on the woman  
of Canane and *Mary Mag-*  
*dalene*, which diddest forgine  
D.i. the

A GODLY

the *Publicane*, the theefe  
hanging on the crosse. Unto  
thee I confesse most holy fa-  
ther my finnes, which if I  
woulde I cannot hide from  
thee, haue mercye on mee  
Christ, for I a wretch haue  
soze offended thee in pride,  
in couetousnesse, in glutto-  
nie, in lechery, in vaine glo-  
rie, in hatred, in enuie, in  
adultery, in sporting, in dis-  
solute & wanton laughing,  
in idle wordes, in hearing,  
in fastinge, in touching, in  
think.

thinking, in sleeping, in working, and alwaies in which  
I fraile man and most wretched  
sinner might sinne.

Therfore I most humblye  
pray and besech thy gentleness,  
which for my health  
descendest from Heaven,  
which diddest holde vp *Dauid*,  
that he should not fall in  
to sinne, haue mercy on vs  
O *Christ*, the which diddest  
forgiue *Peter* that did forsake  
thee. Thou art my  
creatoꝝ and my helper, my

D.ii.

ma

AGODLY

maker, my redeemer, my  
gouvernour, my father, my  
Lord, my God, & my Kyng.  
Thou art my hope, my  
trust, my gouvernour, my  
helpe, my strength, my de-  
fence, my redemption, my  
life, my health, and my re-  
surrection. Thou art my  
stedfastnes, my refuge or  
succour, my light and helpe,  
I most humbly and hartely  
desire and praye thee helpe  
me, defend me, make mee  
strong & comfort me, make  
me

me stedfast, make me mer-  
rie, giue me light and blysse  
me, reuieue me again which  
am dead, For I am thy ma-  
king & thy worke, O Lord,  
despise me not. I am thy ser-  
uaunt, thy bondman, al-  
though euill, although vn-  
worthy and a sinner. But  
whatsoever I am, whether  
I be good or bad, I am euer  
thine, therefore to whome  
shall I flie, except I flie vnto  
thee, if thou cast me of, who  
shall or will receiue mee?

O.iii.

if

A GODLY

if thou despise me, & turne  
thy face from me, who shall  
loke vpon me and recognise  
me? If I be vile & vneleane,  
thou canst make me cleane,  
If I be sick, thou canst heale  
me. If I be dead and buried  
thou canst reuiue mee, for  
thy mercye is much more  
then mine iniquitie, thou  
canst fforgiue more then I  
can offend. Therefore O  
Lorde, doe not consider nor  
haue respecte to the num-  
ber of my sinnes, but accor-  
ding



ding to the greatnes of thy  
mercie, forgive mee, and  
haue mercye on mee, moſte  
wretched ſinner. Say vnto  
my ſoule, I am thy health:  
Be not angrie with me, I  
praye thee moſt meeke fa-  
ther for thy great mercy,  
I moſt humbly beſeech thee,  
that thou bring mee to the  
bliſſe that neuer ſhall ceaſe.  
Amen.

*A prayer neceſſary to be  
ſaid at all times.*

D.iiii.

A GODLY

O Bountifull **J E S U**, O  
Swete Saviour, O  
Christ the Sonne of **G O D**  
haue pitie vppon me, mercifully  
heare me, and dispise  
not my prayers, thou hast  
created me of nothing, thou  
hast redeemed me from the  
bondage of sinne, death, and  
Hell, neither with gold nor  
silver, but with thy moſte  
preciouſ bodie once offered  
vppon the Crosse, and thine  
etwne bloud shed once for all  
for

for my ransome : therefore  
cast me not awayne, whom  
thou by thy great wisdom  
hast made : despise mee not  
whom thou hast redeemed  
wyth such a p̄cious trea-  
sure: no: let my wickednes  
destroy that which thy good-  
nes hath builded . Now  
while I liue O Jesu haue  
mercy on mee, for if I die  
out of thy fauour, it wilbe  
to late afterward to call for  
thy mercy, whiles I haue  
time to repent loke vpon

D. v.

me

A GODLY

me with thy mercifull eyes  
as thou diddest vouchsafe  
to looke vppon Peter thine  
Apostle, that I may bewaile  
my sinfull life, and obtayne  
thy fauour and die therin,  
I reknowledge that if thou  
shouldest deale with me ac-  
cording to very Justice, I  
haue deserued everlastinge  
death. Therefore I appeale  
to thy high thzone of mercy,  
trustinge to obtayne Gods  
fauour, not for my merites,  
but for thy merites, **D**

**Ac.**

Iesu, who hast given thy  
selfe an acceptable sacrifice  
to thy Father, to appease  
his wrath, and to bring all  
sinners (truely repentinge  
and amendinge their euill  
life) into his fauour againe.  
Accept me O Lorde, among  
the number of them that  
shall be saued, forgive mee  
my sinnes, giue me grace  
to lead a godly and innocent  
life, graunt mee thy hea-  
uenly wisdom: inspire my  
heart with faith, hope and  
cha-

A GODLY

charitie, giue mee grace to  
bee humble in prosperitie,  
patient in aduersitie, obedi-  
ent to my rulers, faithfull  
vnto them that trust mee,  
dealing truly with all men,  
to liue chastly in wedlocke,  
to abhorze adulterie, forni-  
cation, and all vncleanes:  
to doe good after my power  
vnto all men, to hurte no  
man, that thy name may be  
glozified in me during this  
present life, and that I af-  
terward may obtaine ever-  
lasting



lasting lyfe, thorough thy  
mercy, and the merites of  
thy Passion. Amen.

*A prayer of Manasses  
King of Iuda.*

O Lord almightie, God of  
our Fathers Abraham  
Isaac and Jacob, and of the  
iust seede of them: which hast  
made heauen and earth,  
with all the ornaментes  
therof, which hast ordeyned  
the Sea by the word of thy  
com.

A GODLY

commaundements, which  
hast shut vp the cæpe, and  
hast sealed it for thy feare-  
full and laudable name,  
Dread of all men, and hono-  
rable before thy face and  
power. Thy fierce anger of  
threatninge is aboue mea-  
sure heauy to sinners, but  
the mercy of thy promise is  
great and vnsearchable, for  
thou art the Lord God most  
high aboue all the earth,  
long sufferinge, and excee-  
ding mercifull, and soye for  
the

the malice of men. I haue  
prouoked thine anger, and  
haue done euil afoze thee, in  
committing abhominatiōs  
& multiplinge of offences.  
And now I bowe the knees  
of my heart requiring good-  
nes of thee O Lorde, I haue  
sinned Lorde, I haue sinned,  
and knowne my wicked-  
nes, I desie thee by prayer,  
O Lorde forgiue me: O lorde  
forgiue me and destroy mee  
not with mine iniquities,  
neyther doe thou alwaye

re.

A GODLY

remember my euilles, to  
punish them, but saue mee  
(which am vnworthy) after  
thy great mercy, and I will  
praise thee euerlastingly,  
all the dayes of my life: for  
all the powers of Heauen  
praise thee, and to thee be-  
longeth glory, worlde with-  
out end. Amen.

*A deuout prayer to our  
Lord God.*

O Lord which hast vouch-  
saued of thy vnspeake-  
able goodnes, to make mee, &  
ordaine me thy creature to  
liue in this transitory lyfe,  
giuing me a resonable soul,  
by the which I knowe thee  
to be my Lord, my God, and  
my maker. which I maye  
well perceiue by the visiblle  
sight of thy wonderfull  
wozkes: as by heauen, the  
earth, and the Creatures  
in them contained, with the

p.i.

com.

A GODLY

commodities that wee day-  
ly receiue by them at thy  
hand, which declareth the  
great loue that thou haddest  
in our first creation, and  
also they do expresse and de-  
clare to vs, thee to be onely  
God and Lord ouer all, and  
that ther is none aboue thee,  
and that there is no wise-  
dome, knowledge, power,  
or strength of value besides  
thee, yet also thou knowing  
our necessary neede of thy  
helpe, of thy moste louinge  
gentle.



gentlenes hast not disday-  
ned to say to me and to al o-  
ther by thine owne moſte  
blessed word, to the great co-  
fort of all mankind: aske &  
it ſhal be giuen, ſeek and ye  
ſhall find, knocke and it ſhal  
be opened vnto you. Far-  
thermoze moſte familiarly  
thou haſt ſayd, if we that be  
euil can giue vnto our chil-  
dren when they aſke, good  
things: how much more ſhal  
ſhall our heavenly Father  
giue an holy ſpirit to them

p.ii.

that

A GODLY

that earnestly desire it : **D**  
most comfortable sayinge,  
**D** most blessed lord, I wretched  
sinner doe aske at thy  
hand mercy and grace, and  
do confesse me to be y<sup>e</sup> most  
wicked and abhominable  
sinner in thy sight, moste  
weake of all other to stande  
in thy trueth, most frayle to  
sal, & to bzeak thy holy com-  
maundements, by the kee-  
ping of which we are kno-  
wen to be thy true seruants,  
and by nothinge elles. **D**

most

most mercifull Lorde God  
I knowledg my selfe day  
ly to breake the same, but  
where I have thus offended  
thy diuine maiestie. I hum-  
bly aske of thee mercy and  
forgiuenes, being in wil ne-  
uer hereafter to offende in  
the same. And Lord for the  
sure persourmaunce of the  
same, I humbly aske and de-  
fire thy strength to make  
me stand fast in sayth, thy  
knowledg to worke thy  
blessed will, thy power to  
P.iii. re.

A GODLY

reſiſt all error and wicked  
imaginatiōs, thy wiſedome  
to knowe the truth, for I  
confeſſe and know (O lord)  
that all woꝛldly witte, pol-  
licie, knowledge & ſtrength  
is but ſoliſhnes in thy ſight.  
Therefore I aſke and conti-  
nually craue (good Lorde)  
thy helpe, and moſt humbly  
deſire that thy holy ſpirite  
may guide and rule all the  
imaginatiōs thoughtes,  
and deſires of my heart, ſo  
that it may be thy ſpiritual  
heart

heart, & not my fleshy hart,  
for the most perfect amongst  
men (lacking thy wisdom)  
shall not be regarded. For  
the thoughts of mortal men  
are miserable, and our soze-  
castes are vncertaine. And  
why? this corruptible bodie  
is so heavy to my soule, that  
it keepeth downe my vnder-  
standing, that it museth  
moste on vayne thinges.

Wherefore (good Lord) I be-  
sech thee comforte my sicke  
soule, that it maye walke

Ps. lxxv.

in

A GODLY.

in thy lawes and wayes,  
and worke thy will. And  
Lord like as thou knowest  
the secrets of my heart, and  
the desires of the same. and  
that I would most earnest-  
ly walke in thy truth, and  
worke in the workes of the  
same trueth, so Lord I be-  
seech thee refresh my soule  
according to thy mercifull  
callinge, where thou say-  
est. Come to me all that la-  
boure and are laden (and  
lowly of heart and you shal  
find



find rest to your soules) and  
I shall refresh you. O Lord  
I miserable sinner labour  
in acceptable waies, my good  
will and desire swarueeth not  
from thee, but is bent to-  
wardes thee, & like as thou  
knowest the same to be vn-  
sayned, so Lord refresh mee  
with thy mercifull grace,  
that I may be stedfast in  
thy true faith, & that I maye  
be alwayes obediēt vnto thy  
lawes & commaundements,  
& that I may neuer swarue

p. v.

erom

A GODLY

from the holy & most blessed  
ordinaunce of thy catholike  
Church, but that I may vse  
them, receiue them, and ho-  
nour thee in them, according  
vnto thy most holy will and  
plesure, as in things which  
thou hast left to declare thy  
loue vnto vs, & to assure our  
hope, & to exercise our faith,  
that it should not be idle nor  
wauering, for all things are  
possible to thee, though they  
seeme neuer so vnpossible to  
vs. O most louing Father,

I know that by my sinnes,  
I am not woꝛthy thy blessed  
comfoꝛt, but Lord thou hast  
said, that in what houre soe-  
uer a sinner doth repent of  
his sins, thou wouldest no  
moꝛe remember them, and  
also thou woldest not dispise  
the rightinge of a contrite  
hart, which maketh me bold  
to trust in thy mercie, and  
meekly call to thee foꝛ grace  
and helpe in this trouble-  
some time of temptation,  
and tryinge of our saythe.

3

A GODLY

I am as one laden with ignorance, not knowing the height of thy high mysteries. nor the deceitful deepnesses of the craftie and subtil argumentes and perswasions of my ghostly enemies which dayly doe assault my simple soule, and so burdeneth the same that it can find no rest. Therefore (O Lord) like as thou knowest my will and hartie desire is to serue thee and to liue and die in thy perfect sayth : s<sup>r</sup>

Lord

Loꝛde I beseeche thee neuer  
suffer the subtil perswasions  
contrary to thy truth,  
to take place oꝛ roote in my  
hart. Wnt like Loꝛd as thou  
hast created my heart, and  
given me a will to oꝛder the  
same, so Loꝛd I most meeke-  
ly yeld the same again into  
thy handes, desiring thee by  
thy holy spirite, so to direct  
my waies, words, & works,  
that they may be acceptable  
in thy sight. And Loꝛd suffer  
not my soul to perishe which  
thou

A GODLY

hast bought so dearely with  
thy most precious blood, for  
the which great mercy sake  
haue mercy on mee, and  
make me poore in spirit and  
low of heart, & content with  
my vocation, submitinge  
me wholly into thy handes,  
so that my desire may be to  
thy wil and pleasure so that  
I may haue no other trust  
but onely in thee which art  
all trust it selfe and none be  
sides thee. & graunt my poore  
soule rest in thee, for thou  
hast



hast said, they shall neuer be  
confounded that put their  
trust in thee, which trust  
lozd graunt me neuer to for-  
sake, for any vaine trust or  
temptation, or tribulation,  
that may happen to vex my  
poore soule, but graunt mee  
thy holp spirit to comforte &  
defend me from all thinges  
that should procure thy dis-  
pleasure. As y<sup>e</sup> art in Trini-  
tie one God and Lozd ouer  
all, which liuest & raignest  
in the woeld of woeldes, to  
whom

A GODLY

whom be all honour, gloze,  
and prayle for euer. Amen.

*A prayer that we may haue  
the feare of God before our  
eyes in all our doings.*

O Almighty & everlasting  
God, thy holy word tea-  
cheth vs, that thou art not  
only a father, but also a lord.  
not onely a forgier, but al-  
so a reuenger, not onely a  
Sautour, but also a Judge.  
And as thou beinge a Fa-  
ther,

ther, a forgiver, a Saviour,  
doest pardon and shew mer-  
cie, so thou being a Lord,  
a revenger, a Judge, pun-  
nishest & condemnest. Nei-  
ther doth thy holy scripture  
only set forth unto vs a gos-  
pell, which comforteth vs,  
quickneth vs, sheweth vs  
mery tidinges, forgiveth  
our sinnes, quieteth our  
consciencs, and bringeth  
unto vs everlastinge lyfe,  
but also a lawe which re-  
proueth, accuseth, condem-

D.i.

neth

A GODLY

meth vs, woundeth and sciteth  
our consciences, yea and  
throweth vs downe head  
long into the deepe dungion  
of Hell . And as thy holy  
gospell lifteth vs vp , and  
maketh vs mery with the  
hope of remission and for-  
giuenesse of our synnes , so  
doeth the Lawe plucke vs  
downe , and almoste dꝛine  
vs vnto desperatiō for feare  
of thy plagues and ever-  
lasting punishments , so  
that we may not onely loue  
thee

thee as a father, a forgiver,  
a Saviour, but also feare  
thee as a Lord, a reuenger,  
a Judge. Forasmuch ther-  
fore (O most gentle saviour  
& most righteous Judge) as  
nothinge dooth so mightely  
put away sinne, and make  
vs to walk in y way of thy  
cōmaūdemēts, as reuerētly  
to feare thee, and to stand in  
awe of thy iudgment & hea-  
uy displeasure. We most en-  
tirely praye thee to giue vs  
y fear which thou requirest

D. y.

of

A GODLY

of vs in hely scriptures and  
thereunto thou hast promi-  
sed so many large & bounte-  
ous benefits that we maye  
not onely loue thee as a Sa-  
uiour, honour thee as a Fa-  
ther, but also reuerence  
thee as a Lord, feare thee as  
a iudge. O Lord all things  
are open to thy eyes, ney-  
ther is any thing hid from  
thee, which seest the very se-  
cretes, and mosse inwarde  
thoughts of our harts: giue  
vs therfore grace that in all  
our



our enterprises, wee ever  
set thy feare befoze our  
eyes, and so stand in awe of  
thee, and of thy righteous  
iudgmentes, that wee at-  
tempt nothing, wherby we  
should prouoke thy beaue  
displeasure against vs, but  
so walke in thy feare and  
in thy ordinaunces, that wee  
maye at all times loue thee  
as a Sauoure, honour thee  
as a father, reuerence thee  
as a Lord, & feare thee as a  
Judge, so shall it come to

D.iii.

passe

## A GODLY

patte that we reuerētly fea-  
ring thee as a childe doth his  
father, shall not only annoyd  
al such evils as might make  
thee our heuy Lord & fierce  
Iudge, but also embrace  
those vertues, whiche shall  
both evidently declare our  
faithfull love, true honour,  
unsained reuerence, & hum-  
ble feare towarde thee, and  
also make thee our longing  
father, & most merciful Sa-  
uiour thow Iesus Christe  
our Lord. Amen.

*A prayer called  
Aue Rex.*

**A**lle heavenly King  
father of mercy, our  
life, our sweetnes,  
our hope, all haile : vnto  
thee do we crie, which are y  
bannished childezen of Eue,  
vnto thee doe wee sigh, wee-  
ping & wayling in the vale  
of lamentation, come of  
therfore our Advocate, cast  
vpō vs those merciful eyes  
M.iiii. of

A GODLY

of thine, and after this oure  
banishment shew to vs the  
gloxious light in thy hea-  
uenly kingdome. O merci-  
full, O holy, O sweete Sa-  
niour. In all our troubles  
and heauines, O Iesu our  
health and gloxy: succour  
vs. Amen.

*A prayer for all  
Christians.*

O Almighty, everlasting  
God, and most gracious  
deere louing father. I beseech  
thee

thee for **I E S U S** Chyistes  
sake, thy most deere and on-  
ly Sonne, to haue mercie,  
pitie and compassion vppon  
me most vile wretched and  
miserable sinner, whose in-  
numerable offences both  
old and new, be most horri-  
ble, greuous, and great,  
where throught I haue iust-  
ly deserued thy greuous  
wrathe & euerlasting damna-  
tion. But now good Lord,  
here I doe appeale to thy  
great mercie onely, which

D.v.

farre

A GODLY

farre surmounteth all thy  
wozkes, as thou haste pro-  
mised the same in thy holy  
and unfallible word. where  
thou hast said, yea & swozne  
as truly as thou liuest, that  
thou wouldest not the death  
of a sinner, but rather that  
he should conuert and liue.  
O deere lord, I confesse that  
I am a great and a greuous  
sinner, and yet nowe by thy  
grace and good workinge of  
thy holy spirite something  
turned vnto thee. O let me  
liue



live, and not dye the euer-  
lasting death of the soule,  
which I haue so deeply de-  
serued, but make me a ves-  
sell of thy great mercy, that  
I may live and praise thy  
name amōg thy chosen chil-  
dren for euer. O let not my  
horrible finnes separat me  
from the swēte sight of thy  
maiestie, but let thy great  
power & mercy be magnifi-  
ed in me, as it is in *David*,  
in *Peter*, in *Magdalen*, & in  
y notable theefe which was  
cruci-

A GODLY

crucified with Chyriste thy  
deare sonne, in whose most  
pzeious death and blood,  
shedding only O Lord. I put  
my whole trust and confi-  
dence. For hee only hath ta-  
ken away the sinnes of the  
world, he came not to con-  
demne the world, but to  
sane it, that none which tru-  
ly beleue in him should pe-  
rish, but haue lyfe everlast-  
ing, he sayth he came not to  
call the righteous, but sin-  
ners to repentance. O  
gra.

gracious god giue me true,  
harty, earnest, and vnfained  
repentaunce, tha, I maye  
from the very bottome of  
my hart continually lament  
my manifolde sinnes and  
wickednes, my great ingra-  
titude and vnthankesfulnes  
towards thee for al thy mer-  
cifull benefites so aboun-  
dantly poured vppon mee  
thoroughe **JESUS** Christ  
which wouldest vouchsafe,  
hee beinge thy owne one-  
ly deare beloued Sonne  
in

A GODLY

in whom was and is al thy  
whole pleasure & delight, to  
giue him for mee to the veri  
death of the Crosse, yea and  
that when I was thyne vt  
ter enemye of mercye inesti  
mable and lone incompre  
hensible, who euer sawe  
such a thinge? God became  
man, and was crucified for  
mee, that by his death I  
might liue. Alas, that euer  
I should become so wit  
ked a wretch and so vn  
kinde a creature to dispelase  
so

so louinge, kinde, and mercifull a God, and father, **D**o forgive mee, forgive mee for thy great mercies sake, for thy truth and promise sake, and I wil neuer trespass againe against thy diuine maiestic any moze, but will gladly serue thee in true holines and righteousness all the daies of my life, by the grace and assistance of thy good and holy Spirit, the which I beseeche thee to giue mee also that hee maye go.

A GODLY

gouverne mee, and guide my  
hart in thy true fayth, feare  
and loue, that in all my  
wozkes, words, & thoughts.  
I maye glozysie thy holy  
name, which liuest & reign-  
est one **G D D** in thre per-  
sons, to whom be al honour  
glozy, prayse, thanks, pow-  
er, rule and dominion, for  
euer and euer. Amen.

*A prayer for the obtay-  
ning of a good lyfe.*

**D**



**O** Heauenly Father, God  
almighty, maker of hea  
uen and earth and al things  
conteyned in them. I besech  
thee y thou wilt vouchsafe  
of thy goodnes to direct, sanc  
tifie and kepe my hart and  
body, my senses, my doings  
my talke and communicati  
on in thy holy lawes, and in  
the woꝝkes of thy cōmaun  
dements: and that thy holy  
Angell may be with me, to  
direct my feet into the waye  
of peace, trueth and health,

R. i.

that

A GODLY

that I maye deserue to bee  
whole, safe and free, in thee  
and by thee, both here & in  
the worlde to come. Thou y  
art the saviour of the worlde  
and king of gloꝝy, here mee  
& saue me, which liuest and  
raignest god in perfect vni-  
tie worlde with out end. A  
men.

*A fructfull meditation not to  
be sayd with the mouth lightly,  
but to be cryed with hart  
and mind ofte and  
mightely.*

**O** Most excellent goodnes,  
withdrow not thy mer-  
cy, O most mighty maker,  
despise not thy worke, O  
most prudent redeemer, suf-  
fer not to perishe the price  
of thy redemption, O most  
gentle ghostly and heauen-  
ly hoste & saviour, purifie,  
saue dresse & kepe thy house  
and dwellinge place: the  
which thou sanctifiedst and  
dedicatedst to thee in the sa-  
crament of baptisme, O  
K. ii. most

A GODLY

most blessed Iesu, & moste  
charitable Iesu, & moste  
sweete Iesu, & most bounte  
ous Iesu, & most excellent  
Iesu, & moste glorious Je-  
su, & moste innocent Iesu,  
& moste mercifull Iesu, &  
most meke Iesu, & most lo  
uing Iesu, & most deere Je-  
su, haue mercie on me.

When shal I loue thee: whe  
shall I be soz and contrite  
for my sinnes: when shall I  
turne to thee by grace: whe  
shall I remember thy bene-  
fites

ities, thy meeknes, thy po-  
uertie and thy painfull and  
bitter passion, thy patience,  
thy obedience, thy loue and  
thy charitie? When shall I  
sanctifie, worshippinge, magni-  
fie, and loue hartely thee, thy  
sainctes, and thy feasts, that  
is to say, thine incarnatto n,  
resurrection, and ascention,  
& such other, with due reue-  
rence & deuotion: if thou be  
moſte dreadfull, where is  
my dread O Iesu: if thou  
be the moſt louing Father,  
R. iii. where

A GODLY

where is my loue : If thou  
be my Lord and Redeemer,  
where is my service? If thou  
be mine hoste, and dwell in  
my soule by thy grace and  
mercy, where is my chastitie  
& cleannes according to such  
an hoste? If thou be the lyfe  
of saintes, the faynes and  
beautie of Angelles, where  
is my thankinge? Nowe,  
therfore god I DEDD E,  
Jesu Chyste, wounde my  
hearte with thy moste ho-  
ly woundes, mooue my mind  
with



wyth thy moſte precious  
bloud, that whether ſo euer  
I turne me. I may beholde  
about me thee crucified, and  
what ſoeuer I ſee, it maye  
appeare to me ruddye wyth  
thy moſt holy bloude, that  
thus thee beholding, I may  
ſyre my ſight in nothing but  
onely in thee, which lyueſt  
and raigneſt **GOD** worlde  
without end. Amen.

*I Before the receiuinge of the  
Communion ſay thus.*

**R. iiii.**

**D**

A G O D L Y

**O** Lord although I be not  
worthy to receiue thee  
into the house of my soule,  
for mine innumerable of-  
fences and sinnes done a-  
gainst thy great goodnesse,  
yet trustinge (good Lord) in  
thy great pitie and infinite  
mercy: I come to receiue  
thy blessed bodye, as a sicke  
creature to thee that art the  
health of life, vncleane too  
thee that art the wel of mer-  
cy, blinde by ignorance too  
thee

thee that art the light euer-  
lasting, needy of grace and  
power in vertue to thee  
that art the king of heauen  
& earth, naked of good works  
to thee that art the authour  
of grace. I come as a wretch  
to thee my Lord and maker  
al desolate and comfortlesse  
to thee my helpe & succour,  
for besides thee there is no  
consolation. I come as a sin-  
ner to thee, that art the me-  
diator and meane betwene  
God and man, I come as a

R.v.

cap.

A GODLY

captiue to thee my most mer-  
cifull Sauour, I come all  
sinfull to thee the graunter  
of remission & pardon, dead  
by sinne to thee the restorer  
of lyfe, euill too thee that art  
all goodnes, hard harted to  
bee relieved by the infusion  
of thy superabundaunt  
grace desiring thee make  
ly to heale mine infirmitie  
and sicknes, to washe away  
my sinne and filthynes, to  
lighten my blindnesse, to  
re duce mee too the ryghte  
waye

way where I am out there-  
of, to comfort me desolat of  
goodnes. Haue mercy on  
my wretchednesse, pardon  
my sinfulnessse, gine me the  
light of grace thus buried  
in sinne, thyt I may receiue  
thee the fode of Angels, the  
king of glory, the Lord of al  
Lords with such chastitie  
of bodie, with such pure-  
nesse and cleanes of soule,  
with suche contrition of  
harte and aboundaunce of  
weeping teares, with such  
spi-

A GODLY

spirituall ioye and gladnes,  
with such dreade and reue-  
rence, with such fayth, hope  
and charitie, with such obe-  
dience and humilitie, with  
such loue, deuotion, faythful-  
nes, and thankesfulnesse, as  
it is beseechinge for such a  
Lorde to be receiued, and to  
my soule most expedient.  
And be not displeased good  
Lorde that I a sinner with  
an vncleane hart & polluted  
minde come hither this day  
to receiue thy precious bo-  
dy



die in Sacramentall bzeade  
and wine, but remember  
merciful Lord that thou re-  
fusedst not the sinfull *Mag-*  
*dalene* being penitent, from  
the kissinge of thy blessed  
fete. And in likewise de-  
spise mee not, ne putte thou  
me awaye as vnwozthy fro  
the receiuing of thy body in  
the blessed Sacrament, for  
my sinnes and unkindnes,  
but graunt thou mee com-  
punction of harte, plenty of  
weping teares to wash my  
sinnes.

A GODLY

synnes and wickednesse, so  
that with a pure harte and  
cleane conscience, I maye  
this day receiue the Sacra-  
ment to my soules health,  
that I may obteyne and pos-  
seſſe thereby euerlaſtinge  
life with all holy ſainctes in  
heauens glozy, and in this  
preſent lyfe with thy holy  
ſpirit to be replenished, & ne-  
uer to admit other lower be-  
ſides thee Graunt me blessed  
Jeſu ſo ſoꝛ to receiue the ſa-  
crament of bread and wyne  
that

that I may be woꝛthy to be  
accounted foꝛ a member of  
thy mysticall bodye here in  
earth, and though as yet I  
be not woꝛthy to be num-  
bered among the simplest &  
lowest of thy seruautes,  
but rather to be reiecte and  
outcast foꝛ my sinfulness,  
yet good Lorde of thine infi-  
nit power thou maist make  
me equall & like to the me-  
rits of thine elect and cho-  
sen seruaunts. Come thou  
Father of Fatherles, come  
come

A GODLY

comfort of comfortes come  
and cleanse my soule from al  
contagionnes of sin, for it  
is not convenient and ac-  
cording, there to be any un-  
cleannesse, where thou the  
spouse of virginal chastitie  
should come in and dwell.  
Come and apparell my soule  
with such ornaments of ver-  
tue and grace, that it maye  
delite thee therein to abyde.  
And as thou disdaynest not  
to touch the soze Lipppers  
with thy Holy handes, so  
god

good Lorde vouchsafe to a-  
noynt my simple soule with  
the oyntment of remission  
and pardon, that in this life  
by stedfast hope, firme faith.  
and perfect charitte, I may  
so encrease in vertue from  
day to day, that I maye ob-  
taine to the glorious fruiti-  
on of thy Godhead, in the  
Kingdom of heauen where  
I may see thee face to face;  
world without end.

Amen.

*Si.*

*After.*

A GODLY

*After the receiuing of the  
Communion say this.*

**I** Thanke thee good Lorde  
of thine infinite good-  
nes, that thou this day hast  
fed me with thy bodye and  
bloud in the sacrament. De-  
siringe thee meekely, that  
this sacramēt which I haue  
receiued, maye bee to mee a  
purgation & clensing of my  
sinnes, foztitude, and a spi-  
rituall strength against my  
frayeltie



frayeltie, and sure defence a  
gainst woꝛldly troubles &  
aduerſitie, a purchaſinge of  
grace and pardon, a medi-  
cine of life, and a continuall  
remembꝛaunce of thy bleſ-  
ſed paſſion, ſo that in y way  
it maye conduct and guide  
me, and when I am out of  
the way, it may reduce me,  
when I ſtumble it may bp-  
hold me, & when I am fal-  
linge it maye rayſe mee, ſo  
that by good continuance  
in thy will, to everlaſtinge  
S.it. gloꝛy

A GODLY

glozy it maye bring me, and  
so to order the fallage and  
tast of my heart, that I ne-  
uer feele other sweetenelle  
but thee, that I neuer seeke  
other loue but thee, no2  
none other comfort besides  
thee, so that I care for none  
other delite but thee, so that  
I care for none other ho-  
nour but thine. And geue  
mee such a perfect loue to-  
wardes thee, wherewith I  
maye come to as great me-  
rite in heauen as though I  
had

had spent all my lyfe dayes  
in the remembrance of thy  
blessed passion , and graci-  
ously deliuer mee from all  
tribulation of body & soule,  
captiuitie, anguish, and pe-  
rils, and all Christian peo-  
ple . Amen.

*A godly prayer to be said by  
all women at their purification  
or Churching, and at all  
other times  
after.*

*H.iii.*

*D*

A G O D L Y



Almightie and  
mercifull father,  
which of thy bon-  
teous goodnes  
hast made my womb fruit-  
full, and of thy gracious  
blessing hast created in mee  
a reasonable creature, I  
moste hartely thanke thee,  
not onely for this thy graci-  
ous gift, but also for that  
thou hast at all times since  
I conceived, preserved mee  
from all perils both of soule  
and

and body, hast so moderated all my nippes, pinches, thzowes, and panges, that I haue hitherto right well escaped them. I knowledg (O Lord) that iustly for our transgression of thy commaundements, thou saydest to the first woman, and in her to all vs. I will encrease thy sorrowe, when thou art with child, with paine shalt thou bring forth thy childre. All our paines therfore that we suffer in this behalfe,

S.iiii.

are

A GODLY

are none other thing , but a  
woztbye crosse and punish-  
ment laid vppon vs by thy  
ordinaunce , to the whyche  
with harte minde I humbly  
submit me , trusting surely  
and being fullye perswaded  
in my faith, that thou cal-  
lest none vnto perill & daū-  
ger , but both thou canst and  
wilt at conuenient time de-  
liuer them. Thou most gra-  
cious God hast commaun-  
ded vs in all our trouble.  
to call vppon thee for aide  
and



and helpe, and not only hast  
commaunded vs, but also  
of thi merciful goodnes, hast  
promised vs good deliue-  
raunce saying: cal vpon me  
in the day of tribulatio. and  
I will deliuer thee. O good  
Lorde how greatly do these  
wordes comfort my heart  
and sustaine my sely soule.  
Who would not greatly re-  
ioyce that knoweth certayn-  
ly almightie GOD, to bee  
presēt with him in his trou-  
ble. Saith not god thus vn-

S. v.

to

A GODLY

to al vs that are thy people?  
Besore they call (sayth he) I  
shall answere them, while  
they are yet but thinkinge  
how to speake, I shall heare  
them. yea, I am with them  
in their trouble, out of the  
which I will deliuer them.  
What comfortable Lord is  
this? He is more ready to  
helpe, then wee to call for  
helpe, he is more ready to  
giue grace, then we to aske  
it. There was neuer one  
yet that saythfully asked  
grace

grace of this Lorde, but hee  
had it, aske saith Chzist and  
ye shall haue . Every one  
that asketh, hath: what so  
euer you shall aske my fa-  
ther in my name, hee shall  
giue it vnto you, our Sau-  
our Chzist saith this & he is  
God, and shall not I barken  
to my Lord Gods commaun-  
demēt, and promise? verely  
I will sticke surely vnto it:  
for sure I am, that sooner  
shall heauen & earth perishe  
thē gods promise be vnper-  
fourned.

A GODLY

fourmed . For albeit euery  
man naturally is a liar and  
a deceiuer , yet is God al-  
way true and iust in all his  
words and promises I will  
therfore make my sute vn-  
to him, whome I neede not  
goe farre to seeke . for he is  
euery where present wyth  
his elect , and as the holy  
scripture saith : He is nigh  
vnto al that call vppon him  
faithfully: & thus will I say  
vnto him: Father of mercy  
& God of all comfort & con-  
solation

solation, I thy pooze hand,  
mayden humbly besech thee  
for Christ Iesus sake, and  
in his blessed & holy name,  
that thou wilt vouchafe to  
forgine me all my sinnes &  
trespasses wherein I haue  
heretofore offēded thy godly  
maiestie, either in thought,  
consent, delectation, word,  
or deede, and that thou wilt  
herea'fer during my lyfe,  
mercifullye preserve mee  
from the transgression of  
thy commaundements, and  
dayly

A GODLY

dayly encrease in mee perfect repentance for my sinnes, a sure purpose of amendment of my life, and diligent studie to walke in thy commaundements. Encrease in mee also a lively sayth, a sure hope, an ardent and louinge charitie, Engrasse in me humblenes of heart, meekenes of mind, cleanness of conscience. Graunt that I maye be wise, sad, sober, discrete, circumspect, & well aduised, in all my sayings,



ings and doings, and that I  
may strongly overcome all  
the tentations of myne ene-  
mies the Deuill, the world,  
and the flesh, and that whe-  
ther I be sleeping, waking,  
eating, drinkeinge, or what-  
soeuer I do, all maye bee to  
thine honoure and glozve.  
Graunt also that I maye  
humbly reuerence & fayth-  
fully loue my husband, and  
bee obedient to all his ho-  
nest, lawfull, and godly re-  
questes, and chiefly of all  
graunt

A GODLY

graunt me (O Lord) that I  
may feare and dzeade thee,  
foz well assured I am, that  
loke how high the heauen  
is in comparison of the  
earth, so great is gods mer-  
cie toward them that feare  
him. Looke how wide the  
East is from the West, so  
farre hath he set our sinnes  
from vs, yea like as a fa-  
ther pitieth his owne chil-  
dren, even so is the Lorde  
merciful to them that feare  
him. And as touching my

Des

reliverance of my burden  
and thy gracious gift, I am  
right well assured that vn-  
lesse thou haddest prospered  
my trauell, al womens help  
and all phisicke had bene in  
bayne, but my full trust is,  
that like as thou hast crea-  
ted this childe in me, and did-  
dest bzeath into it the spirite  
of life, so at such time as it  
fermed most meete to thy  
godly maiestie, thou as thou  
couldst best, didst merciful-  
ly prosper the childes byrth

L.i.

and

A GODEY

and my deliuerance. In  
consideration whercof, I  
humbly beseeche thee of thy  
fatherly pitie to strengthen  
me alwayes in such a dan-  
gerous labour and trauell,  
and so sustayne mee that I  
may patiently beare all my  
throlwes and panges, and  
accordinge to thy promise,  
suffer me not to be tempted  
aboue my strength, but in  
the midst of my tentation,  
make a way for me to come  
out, that I may beare it. In-  
crease

crease in me faith (O moste  
mercifull Saviour Christ)  
that I maye constantly be-  
leue thy word which saiest,  
ye shall be sorrowfully, but  
your sorowes shalbe turned  
into ioye. A woman when  
she traueleth hath sorow,  
for her hower is come, but  
when she is deliuered of the  
child, she thinketh no more  
of the anguish, for ioy that a  
man is born into the world.  
I beseech thee therfore, in the  
dangerous time of my tra

T. y.

uell

A GODLY

uel, graunt me speedy deliue-  
rance and ioyfull beholding  
of my childe, that I being a  
mother may render vnto  
thee honour, laude, & thanks  
for thy abundaunt mercye  
and gracious giftes, and be-  
nefites. And finally aboue  
all thinges I beſech thy gra-  
cious goodnes to endue my  
child with grace that it may  
be one of the nūber of thine  
electe, baptized and rege-  
nerate in the holy Ghoſte,  
that at the yeares of diſcreti-  
on



on, it may learne to knowe  
thee, and knowing thee, may  
trust surely to thy mercede,  
trusting in thy mercy, may  
hartely loue thee, louinge  
thee, may feare to displease  
thee, fearinge to displease  
thee, may walke and conti-  
nue in the obedience of thy  
commandements, and so  
to attaine the everlasting  
ioye and felicitie through  
oure Lord Iesus Christe,  
which liueth and reigneth  
with thee and the holy ghost

L.iii.

world

A GODLY

woꝛld without end. Amen.

*¶ Prayers of the Passion of  
our Sauiaur Iesus Christ.*

Blessed be the Father, and the  
Sonne, and the holy Ghost :

Let vs prayse him and exalte  
him world without end.



Almightie God,  
our heuently fa-  
ther, thy mer-  
cie and goodnes  
is infinite and  
without measure. It is thy  
mercy

mercy and no goodnes that  
was in vs, whiche moued  
thee to send into the worlde  
thine onely begotten eter-  
nall Sonne to take our na-  
ture vpon him, and therein  
to worke the mistery of our  
redemption and saluation,  
accoydinge as thou haddest  
appointed, and haddest spo-  
ken befoze by the meuthes  
of all thy Prophetes which  
were fro the beginning. Also  
it was thy blessed will, thy  
mercy & goodnes towarde  
vs,

L.iiii.

A GODLY

vs, that thy Heauenly sonne  
did suffer persecution, trou-  
ble and aduersitie, betrayed  
of his owne friend and disci-  
ple Judas, was trayterously  
taken & caried away, false-  
ly accused and vniustly con-  
demned, cruelly beate, and  
scourged, and finally with  
moſte ſcoznesfull rebukes  
put to the moſte paynfull  
and ſhamefull death that  
coulde be deuised. All this  
O heauenly Father, was  
done through thy mercie &  
bles.

blesſed wilt ſoꝛ our ſakes,  
not onely to anſweare and  
ſatiſſie thy iuſt wꝛath and  
anger which we haue deſer  
ued. both ſoꝛ the offences of  
our firſt parentes, and yet  
dayly doe deſerue by tranſ  
greſſing thy holy commaũ  
dements: but alſo to reſtoꝛe  
vs againe vnto thy grace &  
ſanour, to endue vs with  
thy heauenly giſtes, that  
we might ſerue thee in ho  
lines and righteousnes all  
the dayes of our life. And

L.v.

ſi.

A GODLY

finally to make vs by the  
free benefite of thy dearely  
beloued sonnes passion and  
the price of his moste preci-  
ous blood, partners with  
him of his infinite and vn-  
speakable glory and blisse  
in Heauen. Wherefoze O  
heauenly father we beseech  
thee, poure vpon vs thine  
holy Spirit, and make vs  
in our harts clearly to see &  
moste stedfastly to beleue  
this thine infinite gracious  
goodnes, the word and giuen  
vnto



unto vs by thine owne  
Sonne our Sauour Iesus  
Christ, & with this beleefe  
make vs to put all our con-  
fidence and hope of saluati-  
on in him, whome thou hast  
appointed to be our only re-  
deemer and Sauour. Make  
vs alwaye to render vnto  
thee most humble and hartly  
thanks for thyne incompre-  
hensible mercy and goodnes  
towards vs. Finally, make  
vs to possesse y death of thy  
derely beloued sonne in re-  
nouncing

**A GODLY**

nouncing and forsaking all  
sinne, that we may plainly  
appeare to rise with him in  
newnes of life, in righte-  
ousnes, innocencie, and all  
true holines, and after this  
life to ratgne with him in  
euerlastinge glozy. Heare  
vs our heauenly father, for  
our Lorde Iesus Christes  
sake. Amen.

*An other.*

Al.

**A**lmightie God our hea-  
uenly father, we beseech  
thy gracious goodnes, that  
likewise as thy onely be-  
gotten and deerey beloued  
Sonne our Sauour Iesus  
Christ according to his bles-  
sed will, suffered willingly  
death and bitter passion for  
our redemption and salua-  
tion, hauing therof foresight  
and certaine knowledge:  
So inlike maner whenso-  
euer it shall be thy pleasure,  
to

A GODLY

to lay like crosse and affliction  
vpon our backs that we  
may also willingly and pa-  
ciently beare it, to the true  
triall of our faith against y<sup>e</sup>  
latter day, & to enerlastinge  
glozy. Heare vs our heauenly  
father for our Lord Je-  
sus Chyistes sake. Amen.

*Another.*

**O**ur Saviour and redee-  
mer Jesus chyst, which  
in y<sup>e</sup> last supper with thine  
Apostles

Apostles biddest consecrate  
thy blessed body and bloud  
vnder the founne of bread  
and wine: Graunt vs we  
beseech thee, ever stedfastly  
to beleue and kindly to ac-  
knowledge thy infinite and  
almightie power, thine incom-  
prehensible love toward vs,  
& that we may alway wor-  
thely receiue the same bles-  
sed Sacrament accordinge  
to thy holy ordinaunce:  
that thereby wee maye ob-  
teine increase of al goodnes  
in

A GODLY

in vnitie of spirite, with thee  
our head and by thee and thy  
spirite with al the company  
of them that be truly thine.  
Which be thy spirituall and  
misticall body, and our spi-  
rituall and Chzistian bre-  
thern: Hear vs our sauiour  
Chzist for thy names sake.

*A prayer before ye goe  
to bed.*

O Lorde, whiche art onely  
god, true, gracious, and  
mer



merciful, which commaundeth them that loue thy name to cast feare and care from them, and to cast it vpon thee, promisinge moste mercifully thy selfe to bee their protectour from their enemies, their refuge in daunger, their gouernoure in the daye, their sight in darkenes, and their watchman on the night also, neuer to sleepe, but to watch continually for the preserving of thy saythfull. I be.

M.i.

seche

A GODLY

seeth thee of thy bountifull  
goodnesse (O Lorde, to for-  
giue me wherin I haue of-  
fended thee this day, and to  
receiue me vnder thy pro-  
tection this night, that I  
may rest in quietnesse both  
of body and soule. Graunt  
mine eyes sleepe but lette  
mine hearte watch perpe-  
tually vnto thee, that the  
weaknes of the flesh cause  
me not to offend my Lord  
let mee at all tymes fee-  
le thy goodnesse toward mee,  
that

that I be at all times directed to prayse thee: Late and early, and at midde day thy praise be in my mouth, and at midnight Lorde instruct me in thy iudgments that all the whole course of my lyfe beinge lede in holynesse and puritie, I maye be induct at laste into the everlastinge reste, which thou hast promised by thy mercye to them that obey thy word (D L D R D E) to whome be  
U.ii. bo

A G O D L Y

honour, prayse and glozve  
foz ever. Amen,

*A godly prayer to desire the  
life to come.*

**T**his my bodye is the  
very darke and filthy  
pziſon of my Soule,  
this world is an erile and a  
banishment, this life is care  
and misery: but where thou  
art O Lorde, there is the  
very countrey of libertie &  
euerlaſtinge blessedneſſe:  
Stirre

Stirre our mindes now &  
then to remember so great  
felicitie : powze into oure  
hartes a desire of such pre-  
cious things, & of al thinges  
moſte to be deſired, giue  
quietnes to our mind, and  
graunt that we maye haue  
ſome taſte of euerlaſtinge  
ioyes, wherby theſe thinges  
of the world may ſeeme fil-  
thie, and bee lothfull vnto  
vs which we ſeke ſo, ſo ear-  
neſtly & ſo greedely, and re-  
ceyue ſo ſurely, & we maye,

U.iii.

re

A GODLY

refuse and despise these bitter and filthye thinges, and moste feruently desire the swetnes of thy familiariti in the which all goodnes is contayned. To thee be glory for euer. Amen.

*A prayer to be sayd by them  
that be at the departure of any  
Christian man or woman.*

**O** Lorde God almightie  
the fath- r, the Sonne,  
and the holy ghoſte, three  
per-



persons and one only God,  
the Lord of lyfe, and the de-  
stroyer of death, with whō  
to be is lyfe, and from wthō  
to be is death, who as a lo-  
ving Father, mercifull re-  
deemer, and friendly caller  
to repentaunce, hast nowe  
visited with the scourge of  
sicknesse, thy moste sinfull  
sonne, yea thy spotted ser-  
uant and greuous sinner,  
W. H. to cause him to know  
himselfe, and to confesse his  
wickednesse, & so to come to  
U. iiii. the

**A GODLY**

thee at this thy callinge, to  
knowe thee, and only to cry  
and call vppon thee for com-  
fort.

Now O thou Lord, whose  
propertie is euer to haue  
mercy, and freely to forgive  
those that faythfully come  
vnto thee. We with heauie  
harts now humbly beseeche  
thee looke down from Hea-  
uen with thy accustomed  
eyes of compassion vppon  
him.

Cast behind thy backe his  
in

innumerable and greuous  
sinnes, throwe them from  
him as farre as is the East  
from the West, yea scrape  
the memorie of them out of  
thy sight: quite forget the,  
and freely for giue thou him  
as his onely trust is in thee.

¶ **L**orde be thou vnto  
him at his moſte time of  
neede, a tower of strength,  
a place of refuge, and a de-  
fensible God. to kepe, ſtreng-  
then, and defend him from  
the danger of the Deuill,

W. b. now

A GODLY

now rediest to disquiet and  
destroye him, against despe-  
ration now buisset to gaue  
him, agaynst death nowe  
likeliest to strike him, and  
agaynst Hell nowe gaping  
to deuoure him.

O heauenly Father, ayde  
thou nowe him, helpe him,  
& establish him in his firme  
sayth of thy trueth.

Comfort him nowe O  
Christ, and continewe him  
in the knowledge of thee  
his onely Sauour, which  
art

art nowe (in his extreame-  
nes) ready to shew thy selfe  
vnto him as his Sauour,  
crucified on y<sup>e</sup> crosse to com-  
fort him: therfore now saue  
thou him from sin, deliuer  
thou him frō eternal death,  
hale him from hel, embrace  
him, hide him in y<sup>e</sup> holes of  
thy woundes as thy deare  
Dove, & beare his manifold  
sinnes on thy backe. And  
O holy spirite strengthen  
thou nowe his weake spi-  
rite against Satban, that  
Man.

A GODLY

standeth nowe nigh him to  
seduce him. Say thou now  
to Sathan, alwaye Sathan,  
& commaunde thy holly An-  
gels now to ayde him. Let  
thy cōfort cleave fast vnto  
him, thy mercy keepe him,  
and thy grace guide him, O  
almighty God the giuer of  
all health, and if it bœ thy  
good will to lengthen his  
dayes in this lyfe, to spare  
him for a season, to ease him  
of his paines, & so to restore  
him to his former health as  
thou



thou heretofore diddest re-  
store that thy penitent  
Prince *Hezekiah*, that hee  
therby may once againe vi-  
site thy holy temple, to thy  
honour and glozy, and the  
commoditie and comfort of  
vs thy Christians, we ioy-  
fully say, thy Will be done,  
not ours.

But if it be not so thy wil  
but that he (according to his  
dayly desire) muste nowe  
needes depart & go y way of  
all flesh, then, O thou Lord,  
in

A GODLY

(in whose handes are the  
hartes of all flesh) arme him  
(we humbly beseeche thee)  
with thy perpetuall peace,  
patience, and perfect confi-  
dence on thee: encrease his  
sayth, helpe his vnbelefe, an  
noynt him with the oyle of  
gladnes in thee, ease him of  
his paynes, be thou nigh to  
him, and drive the Deuill  
farre from him, ayde him  
with thy holy Angelles,  
giving him grace so quiet-  
ly to take this thy father  
ly

ly vifitation in worth that  
in this his painfull life, yea  
and in the ende therof hee  
with perfecte memozy and  
furetrust, (cōmending him  
felfe wholly to thee) may in  
hart ioyfully ftill faye, and  
we his faythfull friends foꝝ  
him as foloweth.

Fetch now againe lord  
God ffather into thy holy  
handes that which thy pay-  
faunte might hath shapen:  
commaunde thy holy An-  
gelles now to ayd him, and  
safely

## A GODLY

safely to bring him to thee.  
And now place thou him a-  
mongest thy chosen Chil-  
dren and blessed beysers in  
thy eternall kingdome pre-  
pared for them that are  
written in thy booke of life.

Fetch now againe Lorde  
God sonne, that which thou  
of thy mere mercy haste so  
wisely gouerned & bought  
with thy precious bloude,  
now ioyfully receiue him,  
and say vnto him as vnto  
the penitent thief, this daye  
thalt

thalt thou bee with mee in  
Paradise.

Take againe now Lord  
God holy ghost, that which  
thou of thy onely fauoure  
hast louingly kept and gui-  
ded in this region of sinne  
& vale of misery. And now  
louingly lead thou him with  
*Lazarus* to eternall ioy and  
rest. This graunt him O  
holy Trinitie good God al-  
mightie three persons and  
one very God, vnto whom  
be all honour prayse & glory

¶.i.

102

A GODLY

for euer and euer. Amen.

*A prayer to be sayde at the  
hower of death.*

**O** Lozde Iesu, which art  
the onely health of all  
men lyuinge, and the  
enerlastinge life of them  
which die in thy fayth, I  
wretched sinner giue and  
submit my selfe wholly vnto  
thy most blessed will, being  
assured that the thinge  
can not perishe which is  
com.



committed vnto thy mer-  
cie. O Lord giue me grace  
that willingly I may leaue  
this fraile and wicked flesh  
in hope of the resurrection,  
which in better wise shall  
restoze it to me againe. I  
beseech thee most mercifull  
I O R D C Iesus Christ,  
that thou wilt by thy  
grace make stronge my  
soule agaynst all temp-  
tations, and that thou wilt  
coher and defend mee with  
the buckler of thy mercie

E.ii.

a.

A GODLY

against all the assaultes of  
the deuill. I see and know-  
ledge that there is in my  
selie no hope of saluation,  
but all my confidence, hope  
& trust, is in thy most mer-  
cifull goodnesse, I haue no  
merites nor good woꝝkes,  
which I may alledge before  
thee, of my sinnes and euill  
woꝝkes (alas) I see a great  
heape, but through thy mer-  
cy I trust to be in the num-  
ber of them, to whome thou  
wilt not impute their sins.  
but

but take and accept me for  
righteous and iuste, and  
to be the inheritor of euer,  
lasting life. Thou merci-  
full LORD wast born for  
my sake, thou diddest suffer  
both hunger and thirst for  
my sake, thou didst preach  
and teach, thou diddest pray  
and fast for my sake, thou  
diddest all good works and  
deedes for my sake, thou  
sufferedst mosse greuous  
paines and tozmentes for  
my sake, and finally, thou  
F.iii. gauest

A GODLY

gauest thy moſte preçious  
body to die, and thy bloud to  
be ſhedde on the Crolle. for  
my ſake. Now moſt merci-  
full Saviour, let all theſe  
thinges profite mee, which  
thou ſo freely haſt given me  
that haſt given thy ſelfe for  
mee. Let thy bloud clenſe  
and waſh away the ſpottes  
and foulneſſe of my ſinnes.  
Let thy righteouſneſſe hide  
and couer mine vnrighte-  
ouſneſſe, let the merits of thy  
paſſion and bloud be a ſatis-  
faction

saction for my sinnes. Giue  
me Lord thy grace that my  
faith & saluatio in thy blood  
wauer not in me, but euer  
be firme and constant, that  
the hope of thy mercy and  
life euerlasting neuer decay  
in me, that charitie wae  
not colde in me, finally that  
the weakenes of my flesh be  
not overcome with feare of  
death. Graunt me mercifull  
Sautour, that when death  
hath shut vp the eyes of my  
body, yet that the eyes of  
Æ.iiii. my

A GODLY

my soule may still behold &  
loke vppon thee, that when  
death hath taken away the  
vse of my tounge and spech,  
yet that my hart maye crie  
and say vnto thee *In manus*  
*tuas domine commendo spiri-*  
*tum meum*, that is to saye:  
O Lord into thy handes I  
giue and commit my soule.

*Domine Iesu accipe spiri-*  
*tum meum*. Lord  
Iesu receiue my  
soul vnto thee  
Amen



*A thankesgiuing vnto God  
for all his benefites,*

**W**E most hartely thanke  
thee (O Lord God our  
heauenly Father) for thy  
manifold and inestimable  
benefites, which thou hast  
giuen vnto vs both for our  
body and soule, yea and free-  
ly of thine owne goodnes  
without our deserte. We  
thanke thee that it hath  
pleased thee of thy greate  
m. b. mercy

A GODLY

mercie, first to create and  
make vs according to thine  
owne Image and likenes,  
and to place vs in thy ioye-  
full Paradise where we  
should haue continually re-  
mayned in a blessed and a  
quiet state. if through y sub-  
til and deceitfull suggestiōs  
of Satan our olde enemye,  
we had not transgressed thy  
holy cōmaundements. We  
thanke also thee (O moſte  
gētle father) for thy louinge  
kindnes which thou shew-  
edst

edst to vs, when we were  
all perished & lost, through  
the sinne of our first Father  
*Adam*, for whē thou might-  
est iustly haue condemned  
vs, & cast vs into perpetual  
damnation, thou like a Fa-  
ther of singular great loue,  
haddest pitie on vs, and sa-  
uedst vs by the death & pas-  
sion of thy welbeloued sonne  
our Lorde and sauiour Je-  
sus Christ, which gaue him  
selfe a rancome for all our  
sinnes, and payd a sufficient  
price

A GODLY

price by his precious bloud,  
for all the wickednes that  
wee at any time heretofore  
haue committed through  
our frailtie and weaknes,  
so that wee repent, beleue,  
and amende. Neyther wast  
thou thus contented that he  
onely shoulde dye for oure  
sinnes, but also diddest raise  
him vp againe for oure  
iustification, and to make  
vs righteous in thy sighte.  
Moreover after that hee  
had shewed himselfe vnfa-  
inedly

nedly to liue to his Apo-  
stles, by manifest and eu-  
dent tokens certaine times  
after his resurrection, tho-  
rogh the power of his God-  
head, he ascēded vp into hea-  
uen, perfect God, & perfect  
man, where he now sitteth  
on the right hand, & maketh  
entercessiō for vs being our  
alone mediatur and aduo-  
cate, from thence we looke  
for him to come againe at  
the daye of Iudgmente, not  
as a cruell Iudge to con-  
demne

A GODLY

Demne and cast vs awaye,  
but as a most louing Lorde  
and gentle Saviour to ca-  
rie vs with him vnto euer  
lasting glozy, there woordes  
without end to remaine in  
such loyes, as the eye hath  
not seene, no2 eare hath not  
heard, no2 yet is any heart  
able to thinke. For these thy  
most bounteous giftes; and  
for all other thy benefites  
which thou dayly giuest to  
vs of thy great mercy, both  
for our body and soule, wee  
bar,



hartely thanket thee moſte  
gentle and mercifull Fa-  
ther, beſeeching thee that  
thou wilt giue vs grace  
through thy holy ſpिरite not  
to be vnthankfull, but to  
walke worthy of this thy  
kindneſſe, and ſo to bee  
haue our ſelues in all oure  
life time in this wretched  
worlde accordinge to thy  
holy will, that at the laſte  
day we may be found in the  
number of them, to whom  
thy onely begotten Sonne  
ſhall

A GODLY

shall saye: Come ye blessed  
of my Father, possesse the  
kingdome which was pre-  
pared for you from the be-  
gining of the worlde, Loꝝde  
let it come to passe. Amen.

*Certaine prayers to God the  
father taken out of S.*

*Augustine.*

**I** O my GOD giue  
vnto my heart to de-  
sire thee, in desiring  
thee, to seeke thee, in seeking  
thee

GARDEN.

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thee, to find thee, in findinge  
thee, to loue thee, in louinge  
thee, to make me free from  
mine offences, and when I  
haue redeemed them, no  
more to commit them again.

Giue Lord GOD vnto my  
heart repentance, my spi-  
rite contricion, mine eyes  
the fountaine of teares, and  
to my handes aboundance  
of giuinge of almes. Put  
out in me O God my liuing  
the desire of the flesh, and  
kindle in mee the fyre of

P. I.

thy

A GODLY

thy loue. O thou my redeemer thrust out of mee the spirit of pride, and graunt me mercifully the spirite of humilitie. O God my Sauiour, take away from mee the furie of anger, and giue me gently the buckler of patience. O God my creator, plucke away from me the rancour and pleasure of the mind, and giue meeke ly the sweetenes of the soule. Giue me most gentle Father stedfast fayth, sure hope

hope and continual charitie.

**O** God my ruler, tourne a way fro me vanitie, uncon-  
stantnes of mind, wanton-  
nes of the body, leuonnes of  
talke, high looking, excess in  
filling the belly, euill spea-  
king of my neighbours, the  
gricuous sin of backbiting,  
the itching of curiositie, the  
couetousnes of riches, gree-  
dines to rule, desire, vaine  
gloze, the euill of hipocri-  
sie, rhe vice of flatieringe,  
despisinge of the poore,

P.ii.

op.

A GODLY

oppressing the weake vnla-  
ciable auarice, rustie enuy,  
and deadly blasphemie. O  
God my maker, cut awaye  
in me vndecent rashnesse,  
stubbernesse, vnquietnesse,  
idlenesse, sluggishnes, sloth  
of minde, dulnes, blindnesse  
of hart, obstinacy of vnder-  
standing, cruelnesse of con-  
ditions, disobedience of that  
which is good, repugninge  
against good counsell, not  
bridling of my tong, taking  
the wordes of the poore as a  
pray.



pray, doing violence to the  
weake, slaundering the in-  
nocent, neglecting my infe-  
riours, too much sharpe to-  
ward mine householde, euill  
affectiō towards my friēds,  
& hardnes vnto my neigh-  
bours. O my God, mercy  
I desire of thee for thy wel-  
beloued sonnes sake, geue  
me the workes of mercye,  
and the affections of pitie,  
to suffer with them that bee  
afflicted, to giue counsell to  
them which erre, to helpe  
P.ij. the

A GODLY

themiserable, to succoure  
the needie, to comfozte the  
sadde, to raise vp them that  
be oppressed, to refreshe the  
pooze, to mone them that  
wæpe, to forgiue my det-  
ters, to spare them which  
offend against mee, to loue  
them that hate me, to ren-  
der good for euill, to despise  
no man, but honour al men,  
to imitate good men, and be  
ware of euil me, to embrace  
vertues, to reiect vices, in  
aduersitie patience, in pro-  
sperity

peritie continence, the keeping of my mouth and as it were an hatch befoze the doze of my lippes, to tread vnder foot al earthly things, and thirst after heauenly things.

*Another,*

**L**orde my fashioner,  
I haue asked manye  
things, and yet haue not  
deserued a few. I confesse, a-  
las, I confesse that not only  
P.iiii. those

A G O D L Y

those gifts which I require  
be not due vnto me, but in  
the steede of them most gre-  
uous punishments: yet doe  
the Publicans, harlots, and  
thēues comforte me, which  
being pulled euen in a mo-  
ment of tyme out of the  
lawes of the enemye, are re-  
ceiued into the bosome of  
the shepheard, for thou O  
God, which art the maker  
of all things, although thou  
bee marueilous in all thy  
works, yet art thou thought  
to

to bee moze maruelous in  
the woꝝkes of pitie. Where-  
foze thou saydst of thy selfe  
by one of thy seruantes:  
His mercies are aboue all  
his woꝝkes, and that which  
thou spakest as of one, wee  
beleue that thou speakest of  
all thy people. I wyll not  
utterly take my mercya-  
way fro him: foꝝ thou displ-  
sest no man, thou castest a-  
way no mā, thou abhoꝝrest  
no man, ercept peraduenture  
any man madly abhoꝝreth

Jo. v.

thee.

A GODLY

thee. When thou being angry strikest not, but givest also giftes to them which prouoke thee, if they will aske them. O my God the glory of my saluation, and my defender, I unhappy wretch haue stirred thee vp I haue done euil before thee I haue prouoked thy displeasure, I haue deserved thine anger, I haue sinned & thou hast suffered me, I haue offended & yet thou sustaynest me: If I repent, thou sparest



rest me, if I retorne to thee,  
thou receivest me : yea and  
besides al this, whiles I de-  
fer from time to time, thou  
tariest for me. Thou callest  
me againe wandring from  
thee, thou biddest me come,  
strivinge against thee, thou  
lookest for mee, which sug-  
gishly lyeth still, thou em-  
bracest mee comminge a-  
gaine, thou teachest mee be-  
ing ignorant, thou comfort-  
est me lamenting, thou rai-  
sest me vp fro ruine, after  
my

A GODLY

my fall thou reparaest mee,  
thou giuest vnto mee when  
I aske, thou art soue when  
I seeke thee, & openest when  
I knocke for thee: O Lozde  
the God of my health, I can  
not tell what I shall set a-  
gainst thee. I knowe not  
what to aunswere, there is  
no place to flee from thee,  
noz any denne to bee hidde  
from thee, thou hast shewed  
vnto me y way to liue wel,  
and hast giuen mee know-  
ledge how to goe: thou hast  
threath,

threathned vnto me hell, and  
hast promised mee the glozy  
of Paradise. Nowe O Fa-  
ther of mercy and God of al  
consolation, strike through  
my flesh with thy fear, that  
with fearing I may escape  
those thinges which thou  
thratenest, and giue me the  
comforte of thy saluation,  
that in louing I may per-  
ceiue those thinges which  
thou promisest, O LORD  
which art my strength, my  
sure rocke, my God, my re-  
fuge

A GODLY

fuge and my deliuerer : tell  
me what I should thinke of  
thee, teach mee with what  
wozdes I should call vppon  
thee, and the woꝝkes wher,  
with I may please thee. I  
knowe one thinge where,  
with thou art pleased, and  
an other which thou despi-  
sest not, soꝝ a broken spirite  
is vnto thee a sacrifice, and  
an humble and soꝝy heart is  
accepted vnto thee. O my  
God, my helper, make mee  
ritch with those giftes, de-  
fend

send me with these munitions against the enemy, give mee this cover from the flames of vices, and spread abroad this merciful refuge for the passions of desires. Graunt LORD the strength of my salvation, that I be not of the number of them that beleue for a time, & in the time of temptation shrinke away: shadow ever my head in y<sup>e</sup> day of battell, my hope in y<sup>e</sup> day of affliction, & health in time of

A GODLY

of tribulation. Lo I orde the  
light and my saluation, I  
haue asked those thinges  
which I neede, I haue reme-  
bered those thinges which I  
feare. But my conscience  
gnaſſeth me, & the secrets  
of my heart reprehend mee,  
and that which loue mini-  
ſteth, feare ſcatereth, & ale  
prouoketh mee, feare bla-  
meth mee, for my tades  
bring in feare, but thy gen-  
tlenes ſure truſt in thee thy  
goodnes exhorteth mee, my  
naugh.



naughtinesse, flaketh mee,  
and to confesse the trueth,  
the fantasies of vices come  
vnto memorie, which bea-  
teth downe the boldnes  
of mindes which  
doe pre-  
sume.



Z.i.

Graces

**Graces to be used**  
before and after meales.

*Grace before meat.*

**A**ll things in this world,  
are nothing els but vanitie,  
And great are the number,  
that are opprest w<sup>th</sup> misery.  
Be louing therfore vnto them,  
And mercy to all shew:  
For whē y<sup>e</sup> death approcheth nere  
our heads shall lie full lowe.  
Then will it be for you to late,  
mercy for to haue: (way,  
If that you tourne your eares a-  
when that the poore do craue,  
Cease

GRACES.

Take not therfore to do the good,  
While that you here remaine:  
For they are bought w<sup>th</sup> Christes  
and y<sup>e</sup> shalbe their gain. (bloud)  
To God alone be laude & praise,  
Whose childzen we be all:  
Thy mercy Lord is our defence,  
now heare vs when we call.  
Good saue his Church. &c.

*Grace after meat.*

O J Dives and Lazarus  
the Scripture saith plaine,  
How thone lived in wealth,  
the other in great paine.  
Dives was well clothed,  
and did fare of the best:  
But the poore man for hunger,  
could neuer have hys rest.

J.ij.

Full

## GRACES.

Full of sorow he lay crying  
at the gate to be refreshed.  
With the crowmes of the table  
which no man him deliuered.  
Thus perished poore Lazarus  
and that for lacke of foode:  
And so did this glutton also  
for all his worldly good.  
All ye here present  
remember this right well,  
How this miserable man  
is buried now in hell.  
From the which place of tozmet  
God vs all deliuer:  
And graunt vs to be mercifull,  
while that we liue together.  
Then that we raigne w<sup>th</sup> Lazarus  
in topes which be incōparable,  
By y<sup>e</sup> only blood of Iesus chist  
w<sup>ch</sup> y<sup>e</sup>re death to vs is profitable  
Now

## GRACES.

Now let vs therfore altogether,  
euen with one consent :  
Desire of God our heauely father  
our sinnes for to repent.  
God saue his Church, &c.

### *Grace before meate.*

O our heauenly father hath promi  
the little birdes to fede, (see  
Much more, we his people deare  
to helpe vs at our neede.  
If that we do his kingdom seeke,  
and not therein be slacke:  
For if we doe he will vs beate,  
and some time make vs lacke.  
O lord for thy great mercies sake  
graunt vs our petition :  
And suffer not thy little flocke,  
to come vnto confusion.

J.iii.

But

## GRACES.

But shortly them deliuer,  
out of their enemies hand:  
And whither it be by life or death  
in thy truth for to stand.  
Now blesse these thy onely gistes,  
this table throughout:  
And of our saluation layd vp in  
of  $\text{y}$  we haue no doubt. (Christ  
O lord send vs both peace & plenty,  
if it be thy godly will:  
So  $\text{y}$  thou with vs, & we be ther,  
may bide in fauour still.  
God saue his Church. &c.

### *Grace after meat.*

The time cometh saith the lord  
that a dearth I will send:  
Except my people do repent,  
and so their liues amend.

And



## GRACES.

And it shall not be the hunger,  
of bread, drinke, and meat:  
But only to hear the word of god  
which most men do forget.  
From east to west they shall go,  
with hearts full of heaviness,  
And shall not find the Lord because  
of their unthankfulness.  
Behold here what our sins have  
we must it needs confess: (done  
But when thy will & pleasure is,  
Lord send vs a redress.  
And suffer not thy people thus,  
ditionally to perish:  
But send to them such heavenly  
as may their soules nourish. (sede  
Now let vs praise thy holy name,  
with heart tongue ue, and pen:  
and & it may shortly come to passe  
all ye here say Amen.

Z. iij.

This

GRACES.

*This after every Grace.*

**G**OD save his Church,  
and kepe it from thral.  
And blesse our Queene  
and her subiects all.  
That she may long live  
to his glozp and prayse,  
In vertuous studies  
to spend her dayes.  
Here godly to rule  
Her commen wealth:  
To the encrease of honour  
and her soules health.

*FINIS.*

# Here beginneth

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